



Liga SMS 2015/16 - I runda
Ostrowiec Św., 27,28 listopada 2015r



Konkurencja 19
28-11-2015 - 9:28

Kobiet, 400m dowolny

Open
Wyniki

Rek Polski Seniorów	4:05.77	Barzycka Paulina	AZWAR	Gorzów Wlkp.	26-11-2005
Rek Polski Jun. 18-lat	4:08.04	Kilijańska Donata	KSOST	Poznań	17-12-2011
Rek Polski Jun. 17-lat	4:08.04	Kilijańska Donata	KSOST	Poznań	17-12-2011
Rek Polski Jun. 16-lat	4:08.04	Kilijańska Donata	KSOST	Poznań	17-12-2011
Rek Polski Jun. 15-lat	4:11.12	Kilijańska Donata	KSOST	Łódź	21-11-2010
Rek Polski Jun. 14-lat	4:16.92	Kilijańska Donata	KSOST	Gorzów Wlkp.	29-11-2009

Punkty: FINA 2014

Pozycja			Rok ur.						Czas	Pkt.	
1.	Orczykowska Wioletta SK		97	SMS Kraków					4:17.95	751	27,00
	50m: 29.48 29.48	150m: 1:34.66	32.94	250m: 2:40.89	32.90	350m: 3:45.95	32.44	400m: 4:17.95	32.00		
	100m: 1:01.72 32.24	200m: 2:07.99	33.33	300m: 3:13.51	32.62						
2.	Szatanek Julia		99	SMS Szczecin					4:21.01	725	25,00
	50m: 29.81 29.81	150m: 1:35.00	32.94	250m: 2:41.49	33.18	350m: 3:47.86	33.54	400m: 4:21.01	33.15		
	100m: 1:02.06 32.25	200m: 2:08.31	33.31	300m: 3:14.32	32.83						
3.	Nita Anna		97	SMS Wrocław					4:22.38	714	24,00
	50m: 30.87 30.87	150m: 1:36.18	32.86	250m: 2:42.61	33.08	350m: 3:49.22	33.32	400m: 4:22.38	33.16		
	100m: 1:03.32 32.45	200m: 2:09.53	33.35	300m: 3:15.90	33.29						
4.	Leszczyńska Klaudia Julia SO		99	SMS Oświęcim					4:27.43	674	23,00
	50m: 30.51 30.51	150m: 1:37.04	33.20	250m: 2:45.09	34.12	350m: 3:53.81	34.38	400m: 4:27.43	33.62		
	100m: 1:03.84 33.33	200m: 2:10.97	33.93	300m: 3:19.43	34.34						
5.	Andrzejewska Kamila		99	SMS Lublin					4:27.57	673	22,00
	50m: 31.17 31.17	150m: 1:40.00	34.67	250m: 2:48.14	33.71	350m: 3:55.50	33.69	400m: 4:27.57	32.07		
	100m: 1:05.33 34.16	200m: 2:14.43	34.43	300m: 3:21.81	33.67						
6.	Szafrańska Julia SOc		00	SMS Ostrowiec Św					4:28.47	666	21,00
	50m: 30.74 30.74	150m: 1:38.39	33.85	250m: 2:46.79	34.20	350m: 3:55.23	34.30	400m: 4:28.47	33.24		
	100m: 1:04.54 33.80	200m: 2:12.59	34.20	300m: 3:20.93	34.14						
7.	Oleba Małgorzata		98	SMS Szczecin					4:30.63	650	20,00
	50m: 32.25 32.25	150m: 1:40.89	34.43	250m: 2:49.96	34.40	350m: 3:57.85	33.21	400m: 4:30.63	32.78		
	100m: 1:06.46 34.21	200m: 2:15.56	34.67	300m: 3:24.64	34.68						
8.	Gawlicka Maja		98	SMS Zielona Góra					4:30.96	648	19,00
	50m: 31.13 31.13	150m: 1:38.71	33.95	250m: 2:47.59	34.40	350m: 3:57.78	34.98	400m: 4:30.96	33.18		
	100m: 1:04.76 33.63	200m: 2:13.19	34.48	300m: 3:22.80	35.21						
9.	Słupek Roksana		99	SMS Bydgoszcz					4:31.02	647	18,00
	50m: 30.68 30.68	150m: 1:38.74	34.37	250m: 2:47.88	34.50	350m: 3:57.20	34.52	400m: 4:31.02	33.82		
	100m: 1:04.37 33.69	200m: 2:13.38	34.64	300m: 3:22.68	34.80						
10.	Kołodziej Katarzyna SO		00	SMS Oświęcim					4:33.50	630	17,00
	50m: 31.45 31.45	150m: 1:41.38	35.12	250m: 2:50.68	34.62	350m: 4:00.06	34.29	400m: 4:33.50	33.44		
	100m: 1:06.26 34.81	200m: 2:16.06	34.68	300m: 3:25.77	35.09						
11.	Zajac Oliwia		98	SMS Wrocław					4:33.65	629	16,00
	50m: 31.85 31.85	150m: 1:40.88	34.86	250m: 2:50.63	34.87	350m: 4:00.41	34.95	400m: 4:33.65	33.24		
	100m: 1:06.02 34.17	200m: 2:15.76	34.88	300m: 3:25.46	34.83						
12.	Pankowska Wiktoria SO		98	SMS Oświęcim					4:34.97	620	-
	50m: 31.76 31.76	150m: 1:41.26	35.08	250m: 2:50.99	34.72	350m: 4:01.23	35.20	400m: 4:34.97	33.74		
	100m: 1:06.18 34.42	200m: 2:16.27	35.01	300m: 3:26.03	35.04						
13.	Zawisza Alina		00	SMS Oświęcim					4:36.00	613	-
	50m: 32.15 32.15	150m: 1:42.40	34.99	250m: 2:52.31	34.93	350m: 4:02.20	34.75	400m: 4:36.00	33.80		
	100m: 1:07.41 35.26	200m: 2:17.38	34.98	300m: 3:27.45	35.14						
14.	Rzońca Patrycja		99	SMS Wrocław					4:36.59	609	-
	50m: 31.21 31.21	150m: 1:40.82	35.02	250m: 2:51.28	34.58	350m: 4:01.75	35.36	400m: 4:36.59	34.84		
	100m: 1:05.80 34.59	200m: 2:16.70	35.88	300m: 3:26.39	35.11						
15.	Świąder Patrycja		99	SMS Wrocław					4:36.60	609	-
	50m: 32.20 32.20	150m: 1:42.23	35.13	250m: 2:52.59	35.26	350m: 4:02.79	35.00	400m: 4:36.60	33.81		
	100m: 1:07.10 34.90	200m: 2:17.33	35.10	300m: 3:27.79	35.20						



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Pozycja			Rok ur.						Czas	Pkt.	
16.	Sproska Magdalena SK		97	SMS Kraków					4:37.12	606	15,00
	50m: 31.28 31.28	150m: 1:40.23		34.75	250m: 2:51.05	35.39	350m: 4:02.33	35.61			
	100m: 1:05.48 34.20	200m: 2:15.66		35.43	300m: 3:26.72	35.67	400m: 4:37.12	34.79			
17.	Śliwińska Kalina		00	SMS Wrocław					4:38.25	598	-
	50m: 32.16 32.16	150m: 1:42.52		35.49	250m: 2:53.08	35.28	350m: 4:03.74	35.26			
	100m: 1:07.03 34.87	200m: 2:17.80		35.28	300m: 3:28.48	35.40	400m: 4:38.25	34.51			
18.	Koral Julia SR		98	SMS Racibórz					4:38.32	598	14,00
	50m: 30.94 30.94	150m: 1:40.17		35.11	250m: 2:50.71	35.49	350m: 4:02.57	36.39			
	100m: 1:05.06 34.12	200m: 2:15.22		35.05	300m: 3:26.18	35.47	400m: 4:38.32	35.75			
19.	Węgrzynowska Aleksandra		01	SMS Wrocław					4:39.02	593	-
	50m: 31.02 31.02	150m: 1:40.80		35.34	250m: 2:52.70	35.92	350m: 4:04.60	35.55			
	100m: 1:05.46 34.44	200m: 2:16.78		35.98	300m: 3:29.05	36.35	400m: 4:39.02	34.42			
20.	Dudek Aleksandra SB		01	SMS Bydgoszcz					4:42.78	570	13,00
	50m: 31.56 31.56	150m: 1:43.27		36.54	250m: 2:55.83	36.45	350m: 4:08.22	36.04			
	100m: 1:06.73 35.17	200m: 2:19.38		36.11	300m: 3:32.18	36.35	400m: 4:42.78	34.56			
21.	Malinowska Zuzanna		00	SMS Wrocław					4:44.26	561	-
	50m: 32.83 32.83	150m: 1:45.54		36.66	250m: 2:58.66	36.45	350m: 4:09.05	35.47			
	100m: 1:08.88 36.05	200m: 2:22.21		36.67	300m: 3:33.58	34.92	400m: 4:44.26	35.21			
22.	Błajet Oliwia		00	SMS Poznań					4:44.58	559	12,00
	50m: 31.65 31.65	150m: 1:42.73		35.94	250m: 2:55.31	36.27	350m: 4:08.62	36.81			
	100m: 1:06.79 35.14	200m: 2:19.04		36.31	300m: 3:31.81	36.50	400m: 4:44.58	35.96			
23.	Iżycka Marta SR		00	SMS Racibórz					4:46.03	551	11,00
	50m: 32.40 32.40	150m: 1:43.09		36.00	250m: 2:55.30	35.84	350m: 4:09.19	36.86			
	100m: 1:07.09 34.69	200m: 2:19.46		36.37	300m: 3:32.33	37.03	400m: 4:46.03	36.84			
24.	Wicha Karolina SOc		01	SMS Ostrowiec Św					4:46.47	548	10,00
	50m: 32.55 32.55	150m: 1:44.76		36.67	250m: 2:58.15	36.93	350m: 4:10.66	36.04			
	100m: 1:08.09 35.54	200m: 2:21.22		36.46	300m: 3:34.62	36.47	400m: 4:46.47	35.81			
25.	Ciporska Katarzyna		00	SMS Warszawa					4:46.78	546	9,00
	50m: 32.06 32.06	150m: 1:43.04		35.94	250m: 2:56.15	36.63	350m: 4:10.76	37.38			
	100m: 1:07.10 35.04	200m: 2:19.52		36.48	300m: 3:33.38	37.23	400m: 4:46.78	36.02			
26.	Łosak Wiktoria SK		98	SMS Kraków					4:47.35	543	-
	50m: 33.00 33.00	150m: 1:45.92		36.84	250m: 2:58.41	35.49	350m: 4:11.18	36.95			
	100m: 1:09.08 36.08	200m: 2:22.92		37.00	300m: 3:34.23	35.82	400m: 4:47.35	36.17			
27.	Kuropatwa Weronika		01	SMS Gdańsk					4:48.10	539	8,00
	50m: 33.22 33.22	150m: 1:45.24		36.28	250m: 2:58.68	36.77	350m: 4:12.19	36.91			
	100m: 1:08.96 35.74	200m: 2:21.91		36.67	300m: 3:35.28	36.60	400m: 4:48.10	35.91			
28.	Dąbrowska Agnieszka		00	SMS Zielona Góra					4:50.58	525	7,00
	50m: 32.36 32.36	150m: 1:46.80		37.43	250m: 3:02.62	37.46	350m: 4:16.05	36.39			
	100m: 1:09.37 37.01	200m: 2:25.16		38.36	300m: 3:39.66	37.04	400m: 4:50.58	34.53			
29.	Śliczniak Weronika		99	SMS Lublin					4:52.67	514	6,00
	50m: 32.22 32.22	150m: 1:43.26		36.27	250m: 2:57.88	37.59	350m: 4:14.28	38.45			
	100m: 1:06.99 34.77	200m: 2:20.29		37.03	300m: 3:35.83	37.95	400m: 4:52.67	38.39			
30.	Szeluga Wiktoria SOL		01	SMS Olsztyn					4:55.62	499	5,00
	50m: 32.56 32.56	150m: 1:46.17		37.94	250m: 3:02.29	38.13	350m: 4:19.16	38.24			
	100m: 1:08.23 35.67	200m: 2:24.16		37.99	300m: 3:40.92	38.63	400m: 4:55.62	36.46			
31.	Borys Anna		00	SMS Warszawa					4:58.63	484	4,00
	50m: 33.54 33.54	150m: 1:46.57		37.29	250m: 3:02.59	38.45	350m: 4:20.62	38.96			
	100m: 1:09.28 35.74	200m: 2:24.14		37.57	300m: 3:41.66	39.07	400m: 4:58.63	38.01			
32.	Kuczmar Gabriela		98	SMS Warszawa					5:00.88	473	-
	50m: 34.22 34.22	150m: 1:50.38		38.40	250m: 3:07.79	38.41	350m: 4:23.78	37.53			
	100m: 1:11.98 37.76	200m: 2:29.38		39.00	300m: 3:46.25	38.46	400m: 5:00.88	37.10			



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Pozycja	Rok ur.										Czas	Pkt.	
33.	Fil Konstancja	99	SMS Lublin								5:05.87	450	-
	50m:	34.14	34.14	150m:	1:50.06	38.67	250m:	3:08.23	39.01	350m:	4:28.42	40.37	
	100m:	1:11.39	37.25	200m:	2:29.22	39.16	300m:	3:48.05	39.82	400m:	5:05.87	37.45	
34.	Boroń Paulina SOc	02	SMS Ostrowiec Św								5:10.86	429	-
	50m:	35.79	35.79	150m:	1:54.81	39.65	250m:	3:14.02	39.51	350m:	4:32.81	39.41	
	100m:	1:15.16	39.37	200m:	2:34.51	39.70	300m:	3:53.40	39.38	400m:	5:10.86	38.05	