



Liga SMS 2015/16 - I runda  
Ostrowiec Św., 27,28 listopada 2015r



Konkurencja 20  
28-11-2015 - 9:57

Mężczyzn, 400m dowolny

Open  
Wyniki

|                        |         |                    |       |                    |            |
|------------------------|---------|--------------------|-------|--------------------|------------|
| Rek Polski Seniorów    | 3:37.78 | Korzeniowski Paweł | AZWAR | Gorzów Wlkp.       | 26-11-2009 |
| Rek Polski Jun. 18-lat | 3:41.69 | Wojdak Wojciech    | UNOSW | Ostrowiec Św.      | 18-12-2014 |
| Rek Polski Jun. 17-lat | 3:45.26 | Wojdak Wojciech    | UNOSW | Ostrowiec Św.      | 19-12-2013 |
| Rek Polski Jun. 16-lat | 3:47.70 | Wojdak Wojciech    | BOBRZ | Ostrowiec Św.      | 19-12-2012 |
| Rek Polski Jun. 15-lat | 3:53.56 | Arndt Mateusz      | DEGDY | Ostrowiec Św.      | 20-12-2013 |
| Rek Polski Jun.14-lat  | 3:59.77 | Zoniuk Maciej      | SLWRO | Saint Dizier (FRA) | 15-11-2008 |

Punkty: FINA 2014

| Pozycja                   | Rok ur.             |                     |                     |  | Czas    |     |       |  | Pkt. |  |
|---------------------------|---------------------|---------------------|---------------------|--|---------|-----|-------|--|------|--|
| 1. Kasztelan Mateusz SOL  | 98                  | SMS Olsztyn         |                     |  | 3:54.55 | 741 | 27,00 |  |      |  |
| 50m: 27.08 27.08          | 150m: 1:27.11 30.19 | 250m: 2:27.44 29.98 | 350m: 3:26.76 29.41 |  |         |     |       |  |      |  |
| 100m: 56.92 29.84         | 200m: 1:57.46 30.35 | 300m: 2:57.35 29.91 | 400m: 3:54.55 27.79 |  |         |     |       |  |      |  |
| 2. Staniszewski Adam      | 97                  | SMS Szczecin        |                     |  | 3:55.64 | 730 | 25,00 |  |      |  |
| 50m: 27.79 27.79          | 150m: 1:27.78 29.88 | 250m: 2:27.50 29.84 | 350m: 3:26.99 29.63 |  |         |     |       |  |      |  |
| 100m: 57.90 30.11         | 200m: 1:57.66 29.88 | 300m: 2:57.36 29.86 | 400m: 3:55.64 28.65 |  |         |     |       |  |      |  |
| 3. Ulatowski Wojciech SOL | 98                  | SMS Olsztyn         |                     |  | 3:57.61 | 712 | 24,00 |  |      |  |
| 50m: 28.10 28.10          | 150m: 1:28.53 29.97 | 250m: 2:28.65 29.81 | 350m: 3:28.34 29.42 |  |         |     |       |  |      |  |
| 100m: 58.56 30.46         | 200m: 1:58.84 30.31 | 300m: 2:58.92 30.27 | 400m: 3:57.61 29.27 |  |         |     |       |  |      |  |
| 4. Jaszczak Wiktor        | 97                  | SMS Wrocław         |                     |  | 3:58.44 | 705 | 23,00 |  |      |  |
| 50m: 28.05 28.05          | 150m: 1:28.71 30.25 | 250m: 2:29.19 30.37 | 350m: 3:29.47 30.02 |  |         |     |       |  |      |  |
| 100m: 58.46 30.41         | 200m: 1:58.82 30.11 | 300m: 2:59.45 30.26 | 400m: 3:58.44 28.97 |  |         |     |       |  |      |  |
| 5. Dębski Dominik         | 98                  | SMS Szczecin        |                     |  | 4:02.09 | 673 | 22,00 |  |      |  |
| 50m: 28.73 28.73          | 150m: 1:31.17 31.19 | 250m: 2:32.23 29.75 | 350m: 3:32.30 30.16 |  |         |     |       |  |      |  |
| 100m: 59.98 31.25         | 200m: 2:02.48 31.31 | 300m: 3:02.14 29.91 | 400m: 4:02.09 29.79 |  |         |     |       |  |      |  |
| 6. Bryła Kamil            | 99                  | SMS Lublin          |                     |  | 4:03.06 | 665 | 21,00 |  |      |  |
| 50m: 27.76 27.76          | 150m: 1:28.97 30.77 | 250m: 2:30.93 31.02 | 350m: 3:32.93 31.02 |  |         |     |       |  |      |  |
| 100m: 58.20 30.44         | 200m: 1:59.91 30.94 | 300m: 3:01.91 30.98 | 400m: 4:03.06 30.13 |  |         |     |       |  |      |  |
| 7. Kielczewski Amadeusz   | 00                  | SMS Wrocław         |                     |  | 4:04.93 | 650 | 20,00 |  |      |  |
| 50m: 27.30 27.30          | 150m: 1:29.28 31.21 | 250m: 2:31.25 30.90 | 350m: 3:34.94 31.67 |  |         |     |       |  |      |  |
| 100m: 58.07 30.77         | 200m: 2:00.35 31.07 | 300m: 3:03.27 32.02 | 400m: 4:04.93 29.99 |  |         |     |       |  |      |  |
| 8. Murzyn Dawid SK        | 97                  | SMS Kraków          |                     |  | 4:05.01 | 650 | 19,00 |  |      |  |
| 50m: 28.03 28.03          | 150m: 1:30.63 31.74 | 250m: 2:34.26 31.34 | 350m: 3:36.29 30.32 |  |         |     |       |  |      |  |
| 100m: 58.89 30.86         | 200m: 2:02.92 32.29 | 300m: 3:05.97 31.71 | 400m: 4:05.01 28.72 |  |         |     |       |  |      |  |
| 9. Rój Konrad             | 98                  | SMS Szczecin        |                     |  | 4:05.63 | 645 | -     |  |      |  |
| 50m: 28.68 28.68          | 150m: 1:30.86 31.23 | 250m: 2:33.01 30.70 | 350m: 3:35.32 31.38 |  |         |     |       |  |      |  |
| 100m: 59.63 30.95         | 200m: 2:02.31 31.45 | 300m: 3:03.94 30.93 | 400m: 4:05.63 30.31 |  |         |     |       |  |      |  |
| 10. Popis Emil            | 98                  | SMS Szczecin        |                     |  | 4:05.85 | 643 | -     |  |      |  |
| 50m: 28.43 28.43          | 150m: 1:29.95 31.05 | 250m: 2:32.66 31.36 | 350m: 3:35.74 31.43 |  |         |     |       |  |      |  |
| 100m: 58.90 30.47         | 200m: 2:01.30 31.35 | 300m: 3:04.31 31.65 | 400m: 4:05.85 30.11 |  |         |     |       |  |      |  |
| 11. Bruździak Maciej SOL  | 98                  | SMS Olsztyn         |                     |  | 4:05.95 | 642 | -     |  |      |  |
| 50m: 28.36 28.36          | 150m: 1:30.38 31.41 | 250m: 2:33.23 31.49 | 350m: 3:35.77 30.93 |  |         |     |       |  |      |  |
| 100m: 58.97 30.61         | 200m: 2:01.74 31.36 | 300m: 3:04.84 31.61 | 400m: 4:05.95 30.18 |  |         |     |       |  |      |  |
| 12. Stanek Adam           | 99                  | SMS Oświęcim        |                     |  | 4:06.25 | 640 | 18,00 |  |      |  |
| 50m: 29.30 29.30          | 150m: 1:32.24 31.46 | 250m: 2:34.60 30.81 | 350m: 3:36.21 30.95 |  |         |     |       |  |      |  |
| 100m: 1:00.78 31.48       | 200m: 2:03.79 31.55 | 300m: 3:05.26 30.66 | 400m: 4:06.25 30.04 |  |         |     |       |  |      |  |
| 13. Małyśka Bartosz       | 99                  | SMS Lublin          |                     |  | 4:06.35 | 639 | 17,00 |  |      |  |
| 50m: 28.32 28.32          | 150m: 1:30.37 30.91 | 250m: 2:32.67 31.01 | 350m: 3:35.71 31.70 |  |         |     |       |  |      |  |
| 100m: 59.46 31.14         | 200m: 2:01.66 31.29 | 300m: 3:04.01 31.34 | 400m: 4:06.35 30.64 |  |         |     |       |  |      |  |
| 14. Goleniec Łukasz SO    | 97                  | SMS Oświęcim        |                     |  | 4:07.06 | 634 | 16,00 |  |      |  |
| 50m: 28.92 28.92          | 150m: 1:30.85 31.24 | 250m: 2:34.26 31.62 | 350m: 3:36.86 30.91 |  |         |     |       |  |      |  |
| 100m: 59.61 30.69         | 200m: 2:02.64 31.79 | 300m: 3:05.95 31.69 | 400m: 4:07.06 30.20 |  |         |     |       |  |      |  |
| 15. Dutkowiak Wojciech    | 00                  | SMS Wrocław         |                     |  | 4:07.23 | 632 | -     |  |      |  |
| 50m: 28.36 28.36          | 150m: 1:30.27 31.28 | 250m: 2:33.13 30.77 | 350m: 3:36.57 31.66 |  |         |     |       |  |      |  |
| 100m: 58.99 30.63         | 200m: 2:02.36 32.09 | 300m: 3:04.91 31.78 | 400m: 4:07.23 30.66 |  |         |     |       |  |      |  |



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Ostrowiec Św., 27,28 listopada 2015r



Konkurencja 20, Mężczyzn, 400m dowolny, Open

| Pozycja |                         |         |       | Rok ur. |                  |       |       |         | Czas           | Pkt.  |         |
|---------|-------------------------|---------|-------|---------|------------------|-------|-------|---------|----------------|-------|---------|
| 16.     | Pawełek Paweł           |         |       | 99      | SMS Warszawa     |       |       |         | <b>4:09.22</b> | 617   | 15,00   |
|         | 50m:                    | 27.90   | 27.90 | 150m:   | 1:30.82          | 31.74 | 250m: | 2:34.08 | 31.64          | 350m: | 3:37.66 |
|         | 100m:                   | 59.08   | 31.18 | 200m:   | 2:02.44          | 31.62 | 300m: | 3:05.67 | 31.59          | 400m: | 4:09.22 |
| 17.     | Jarosz Dawid            |         |       | 99      | SMS Warszawa     |       |       |         | <b>4:09.67</b> | 614   | 13,50   |
|         | 50m:                    | 28.80   | 28.80 | 150m:   | 1:31.85          | 31.72 | 250m: | 2:35.34 | 31.70          | 350m: | 3:39.40 |
|         | 100m:                   | 1:00.13 | 31.33 | 200m:   | 2:03.64          | 31.79 | 300m: | 3:07.68 | 32.34          | 400m: | 4:09.67 |
|         | Dembski Patryk          |         |       | 99      | SMS Bydgoszcz    |       |       |         | <b>4:09.67</b> | 614   | 13,50   |
|         | 50m:                    | 27.92   | 27.92 | 150m:   | 1:30.90          | 31.64 | 250m: | 2:35.01 | 31.99          | 350m: | 3:39.21 |
|         | 100m:                   | 59.26   | 31.34 | 200m:   | 2:03.02          | 32.12 | 300m: | 3:07.16 | 32.15          | 400m: | 4:09.67 |
| 19.     | Mościcki Jakub SOL      |         |       | 01      | SMS Olsztyn      |       |       |         | <b>4:09.82</b> | 613   | -       |
|         | 50m:                    | 28.32   | 28.32 | 150m:   | 1:31.75          | 32.07 | 250m: | 2:36.35 | 31.99          | 350m: | 3:39.77 |
|         | 100m:                   | 59.68   | 31.36 | 200m:   | 2:04.36          | 32.61 | 300m: | 3:08.58 | 32.23          | 400m: | 4:09.82 |
| 20.     | Komosa Maciej           |         |       | 99      | SMS Warszawa     |       |       |         | <b>4:10.04</b> | 611   | -       |
|         | 50m:                    | 28.79   | 28.79 | 150m:   | 1:33.01          | 32.16 | 250m: | 2:35.79 | 31.30          | 350m: | 3:39.87 |
|         | 100m:                   | 1:00.85 | 32.06 | 200m:   | 2:04.49          | 31.48 | 300m: | 3:07.94 | 32.15          | 400m: | 4:10.04 |
| 21.     | Butkiewicz Władysław SO |         |       | 00      | SMS Oświęcim     |       |       |         | <b>4:10.11</b> | 611   | -       |
|         | 50m:                    | 28.09   | 28.09 | 150m:   | 1:30.75          | 31.99 | 250m: | 2:35.48 | 32.24          | 350m: | 3:39.57 |
|         | 100m:                   | 58.76   | 30.67 | 200m:   | 2:03.24          | 32.49 | 300m: | 3:07.98 | 32.50          | 400m: | 4:10.11 |
|         | Szarek Dawid            |         |       | 99      | SMS Wrocław      |       |       |         | <b>4:10.11</b> | 611   | -       |
|         | 50m:                    | 28.33   | 28.33 | 150m:   | 1:31.83          | 31.94 | 250m: | 2:35.60 | 31.66          | 350m: | 3:39.35 |
|         | 100m:                   | 59.89   | 31.56 | 200m:   | 2:03.94          | 32.11 | 300m: | 3:07.55 | 31.95          | 400m: | 4:10.11 |
| 23.     | Marczuk Szymon SO       |         |       | 99      | SMS Oświęcim     |       |       |         | <b>4:10.39</b> | 609   | -       |
|         | 50m:                    | 28.82   | 28.82 | 150m:   | 1:32.55          | 32.31 | 250m: | 2:36.12 | 31.47          | 350m: | 3:39.87 |
|         | 100m:                   | 1:00.24 | 31.42 | 200m:   | 2:04.65          | 32.10 | 300m: | 3:08.15 | 32.03          | 400m: | 4:10.39 |
| 24.     | Topolski Arkadiusz SO   |         |       | 98      | SMS Oświęcim     |       |       |         | <b>4:10.70</b> | 606   | -       |
|         | 50m:                    | 27.50   | 27.50 | 150m:   | 1:30.42          | 31.76 | 250m: | 2:34.38 | 32.33          | 350m: | 3:38.81 |
|         | 100m:                   | 58.66   | 31.16 | 200m:   | 2:02.05          | 31.63 | 300m: | 3:06.86 | 32.48          | 400m: | 4:10.70 |
|         | Kowalski Patryk SOc     |         |       | 97      | SMS Ostrowiec Św |       |       |         | <b>4:10.70</b> | 606   | 12,00   |
|         | 50m:                    | 29.37   | 29.37 | 150m:   | 1:33.10          | 32.11 | 250m: | 2:37.15 | 31.91          | 350m: | 3:40.67 |
|         | 100m:                   | 1:00.99 | 31.62 | 200m:   | 2:05.24          | 32.14 | 300m: | 3:09.22 | 32.07          | 400m: | 4:10.70 |
| 26.     | Dominiak Kacper         |         |       | 00      | SMS Wrocław      |       |       |         | <b>4:11.33</b> | 602   | -       |
|         | 50m:                    | 29.18   | 29.18 | 150m:   | 1:32.67          | 31.92 | 250m: | 2:36.46 | 31.58          | 350m: | 3:40.84 |
|         | 100m:                   | 1:00.75 | 31.57 | 200m:   | 2:04.88          | 32.21 | 300m: | 3:08.66 | 32.20          | 400m: | 4:11.33 |
| 27.     | Napieraj Jan            |         |       | 98      | SMS Olsztyn      |       |       |         | <b>4:11.37</b> | 602   | -       |
|         | 50m:                    | 28.43   | 28.43 | 150m:   | 1:31.58          | 31.94 | 250m: | 2:36.08 | 32.26          | 350m: | 3:40.38 |
|         | 100m:                   | 59.64   | 31.21 | 200m:   | 2:03.82          | 32.24 | 300m: | 3:08.39 | 32.31          | 400m: | 4:11.37 |
| 28.     | Rybak Konrad SOL        |         |       | 98      | SMS Olsztyn      |       |       |         | <b>4:11.89</b> | 598   | -       |
|         | 50m:                    | 28.66   | 28.66 | 150m:   | 1:32.89          | 32.25 | 250m: | 2:37.37 | 32.23          | 350m: | 3:40.95 |
|         | 100m:                   | 1:00.64 | 31.98 | 200m:   | 2:05.14          | 32.25 | 300m: | 3:09.31 | 31.94          | 400m: | 4:11.89 |
| 29.     | Gębka Olaf              |         |       | 00      | SMS Poznań       |       |       |         | <b>4:11.97</b> | 597   | 11,00   |
|         | 50m:                    | 28.77   | 28.77 | 150m:   | 1:31.94          | 31.61 | 250m: | 2:36.09 | 32.12          | 350m: | 3:40.55 |
|         | 100m:                   | 1:00.33 | 31.56 | 200m:   | 2:03.97          | 32.03 | 300m: | 3:08.40 | 32.31          | 400m: | 4:11.97 |
| 30.     | Szydłowski Kamil SR     |         |       | 98      | SMS Racibórz     |       |       |         | <b>4:12.16</b> | 596   | 10,00   |
|         | 50m:                    | 28.56   | 28.56 | 150m:   | 1:32.88          | 32.10 | 250m: | 2:36.91 | 32.05          | 350m: | 3:40.68 |
|         | 100m:                   | 1:00.78 | 32.22 | 200m:   | 2:04.86          | 31.98 | 300m: | 3:08.90 | 31.99          | 400m: | 4:12.16 |
| 31.     | Wasiuk` Jakub           |         |       | 99      | SMS Oświęcim     |       |       |         | <b>4:12.46</b> | 594   | -       |
|         | 50m:                    | 28.88   | 28.88 | 150m:   | 1:32.06          | 31.69 | 250m: | 2:36.15 | 31.95          | 350m: | 3:40.40 |
|         | 100m:                   | 1:00.37 | 31.49 | 200m:   | 2:04.20          | 32.14 | 300m: | 3:08.36 | 32.21          | 400m: | 4:12.46 |
| 32.     | Czerniak Konrad         |         |       | 98      | SMS Lublin       |       |       |         | <b>4:12.62</b> | 593   | -       |
|         | 50m:                    | 28.51   | 28.51 | 150m:   | 1:32.95          | 32.47 | 250m: | 2:37.61 | 32.26          | 350m: | 3:42.05 |
|         | 100m:                   | 1:00.48 | 31.97 | 200m:   | 2:05.35          | 32.40 | 300m: | 3:09.90 | 32.29          | 400m: | 4:12.62 |



Liga SMS 2015/16 - I runda  
Ostrowiec Św., 27,28 listopada 2015r



Konkurencja 20, Mężczyzn, 400m dowolny, Open

| Pozycja |                      |         |       |       | Rok ur. |                  |       |         |       | Czas           | Pkt.    |       |
|---------|----------------------|---------|-------|-------|---------|------------------|-------|---------|-------|----------------|---------|-------|
| 33.     | Kuczma Jędrzej       |         |       |       | 98      | SMS Wrocław      |       |         |       | <b>4:12.63</b> | 593     | -     |
|         | 50m:                 | 28.56   | 28.56 | 150m: | 1:30.67 | 31.27            | 250m: | 2:35.01 | 32.20 | 350m:          | 3:40.44 | 32.86 |
|         | 100m:                | 59.40   | 30.84 | 200m: | 2:02.81 | 32.14            | 300m: | 3:07.58 | 32.57 | 400m:          | 4:12.63 | 32.19 |
| 34.     | Dąbrowski Patryk     |         |       |       | 00      | SMS Wrocław      |       |         |       | <b>4:12.74</b> | 592     | -     |
|         | 50m:                 | 29.00   | 29.00 | 150m: | 1:32.50 | 31.83            | 250m: | 2:36.71 | 32.00 | 350m:          | 3:41.76 | 32.61 |
|         | 100m:                | 1:00.67 | 31.67 | 200m: | 2:04.71 | 32.21            | 300m: | 3:09.15 | 32.44 | 400m:          | 4:12.74 | 30.98 |
| 35.     | Taradyś Jakub        |         |       |       | 00      | SMS Zielona Góra |       |         |       | <b>4:13.26</b> | 588     | 9,00  |
|         | 50m:                 | 28.39   | 28.39 | 150m: | 1:32.46 | 32.16            | 250m: | 2:36.89 | 32.33 | 350m:          | 3:41.75 | 32.07 |
|         | 100m:                | 1:00.30 | 31.91 | 200m: | 2:04.56 | 32.10            | 300m: | 3:09.68 | 32.79 | 400m:          | 4:13.26 | 31.51 |
| 36.     | Łaś Wiktor           |         |       |       | 00      | SMS Wrocław      |       |         |       | <b>4:13.32</b> | 588     | -     |
|         | 50m:                 | 28.56   | 28.56 | 150m: | 1:32.03 | 32.15            | 250m: | 2:37.18 | 32.71 | 350m:          | 3:42.07 | 32.44 |
|         | 100m:                | 59.88   | 31.32 | 200m: | 2:04.47 | 32.44            | 300m: | 3:09.63 | 32.45 | 400m:          | 4:13.32 | 31.25 |
| 37.     | Piotrowski Kacper    |         |       |       | 01      | SMS Wrocław      |       |         |       | <b>4:13.52</b> | 586     | -     |
|         | 50m:                 | 27.21   | 27.21 | 150m: | 1:29.83 | 31.91            | 250m: | 2:35.27 | 33.21 | 350m:          | 3:41.73 | 33.29 |
|         | 100m:                | 57.92   | 30.71 | 200m: | 2:02.06 | 32.23            | 300m: | 3:08.44 | 33.17 | 400m:          | 4:13.52 | 31.79 |
| 38.     | Grzyski Mateusz      |         |       |       | 98      | SMS Wrocław      |       |         |       | <b>4:13.74</b> | 585     | -     |
|         | 50m:                 | 28.90   | 28.90 | 150m: | 1:33.67 | 32.53            | 250m: | 2:38.60 | 32.30 | 350m:          | 3:43.29 | 31.99 |
|         | 100m:                | 1:01.14 | 32.24 | 200m: | 2:06.30 | 32.63            | 300m: | 3:11.30 | 32.70 | 400m:          | 4:13.74 | 30.45 |
| 39.     | Kolanowski Wiktor    |         |       |       | 99      | SMS Kraków       |       |         |       | <b>4:13.78</b> | 585     | 8,00  |
|         | 50m:                 | 28.70   | 28.70 | 150m: | 1:32.93 | 32.00            | 250m: | 2:37.70 | 32.60 | 350m:          | 3:42.14 | 32.15 |
|         | 100m:                | 1:00.93 | 32.23 | 200m: | 2:05.10 | 32.17            | 300m: | 3:09.99 | 32.29 | 400m:          | 4:13.78 | 31.64 |
| 40.     | Kurowski Szymon SR   |         |       |       | 98      | SMS Racibórz     |       |         |       | <b>4:14.42</b> | 580     | 7,00  |
|         | 50m:                 | 28.30   | 28.30 | 150m: | 1:31.70 | 32.18            | 250m: | 2:36.62 | 32.41 | 350m:          | 3:42.02 | 32.78 |
|         | 100m:                | 59.52   | 31.22 | 200m: | 2:04.21 | 32.51            | 300m: | 3:09.24 | 32.62 | 400m:          | 4:14.42 | 32.40 |
| 41.     | Dyba Jakub           |         |       |       | 98      | SMS Poznań       |       |         |       | <b>4:14.58</b> | 579     | 6,00  |
|         | 50m:                 | 28.06   | 28.06 | 150m: | 1:33.16 | 33.19            | 250m: | 2:38.95 | 32.71 | 350m:          | 3:44.55 | 32.96 |
|         | 100m:                | 59.97   | 31.91 | 200m: | 2:06.24 | 33.08            | 300m: | 3:11.59 | 32.64 | 400m:          | 4:14.58 | 30.03 |
| 42.     | Dejneżenko Daniel    |         |       |       | 00      | SMS Warszawa     |       |         |       | <b>4:14.76</b> | 578     | -     |
|         | 50m:                 | 27.89   | 27.89 | 150m: | 1:32.56 | 32.72            | 250m: | 2:37.79 | 32.60 | 350m:          | 3:42.43 | 32.10 |
|         | 100m:                | 59.84   | 31.95 | 200m: | 2:05.19 | 32.63            | 300m: | 3:10.33 | 32.54 | 400m:          | 4:14.76 | 32.33 |
| 43.     | Wawrzyńczak Alan     |         |       |       | 99      | SMS Lublin       |       |         |       | <b>4:15.04</b> | 576     | -     |
|         | 50m:                 | 30.04   | 30.04 | 150m: | 1:34.21 | 32.43            | 250m: | 2:38.69 | 32.38 | 350m:          | 3:43.83 | 32.50 |
|         | 100m:                | 1:01.78 | 31.74 | 200m: | 2:06.31 | 32.10            | 300m: | 3:11.33 | 32.64 | 400m:          | 4:15.04 | 31.21 |
| 44.     | Hano Grzegorz        |         |       |       | 00      | SMS Wrocław      |       |         |       | <b>4:15.27</b> | 574     | -     |
|         | 50m:                 | 29.43   | 29.43 | 150m: | 1:33.43 | 32.36            | 250m: | 2:38.94 | 32.78 | 350m:          | 3:44.44 | 32.55 |
|         | 100m:                | 1:01.07 | 31.64 | 200m: | 2:06.16 | 32.73            | 300m: | 3:11.89 | 32.95 | 400m:          | 4:15.27 | 30.83 |
| 45.     | Oleksy Hubert        |         |       |       | 98      | SMS Bydgoszcz    |       |         |       | <b>4:16.90</b> | 563     | 5,00  |
|         | 50m:                 | 28.03   | 28.03 | 150m: | 1:33.12 | 33.09            | 250m: | 2:39.34 | 33.13 | 350m:          | 3:45.07 | 32.95 |
|         | 100m:                | 1:00.03 | 32.00 | 200m: | 2:06.21 | 33.09            | 300m: | 3:12.12 | 32.78 | 400m:          | 4:16.90 | 31.83 |
| 46.     | Girul Radosław       |         |       |       | 01      | SMS Wrocław      |       |         |       | <b>4:17.08</b> | 562     | -     |
|         | 50m:                 | 30.34   | 30.34 | 150m: | 1:35.20 | 32.65            | 250m: | 2:40.51 | 32.39 | 350m:          | 3:45.64 | 32.55 |
|         | 100m:                | 1:02.55 | 32.21 | 200m: | 2:08.12 | 32.92            | 300m: | 3:13.09 | 32.58 | 400m:          | 4:17.08 | 31.44 |
| 47.     | Chałat Stanisław     |         |       |       | 99      | SMS Lublin       |       |         |       | <b>4:17.09</b> | 562     | -     |
|         | 50m:                 | 30.09   | 30.09 | 150m: | 1:35.12 | 32.68            | 250m: | 2:40.42 | 32.59 | 350m:          | 3:45.61 | 32.70 |
|         | 100m:                | 1:02.44 | 32.35 | 200m: | 2:07.83 | 32.71            | 300m: | 3:12.91 | 32.49 | 400m:          | 4:17.09 | 31.48 |
| 48.     | Bobowiec Maksymilian |         |       |       | 01      | SMS Wrocław      |       |         |       | <b>4:20.34</b> | 541     | -     |
|         | 50m:                 | 29.65   | 29.65 | 150m: |         |                  | 250m: | 2:42.44 | 32.55 | 350m:          | 3:47.90 | 32.66 |
|         | 100m:                | 1:02.84 | 33.19 | 200m: | 2:09.89 |                  | 300m: | 3:15.24 | 32.80 | 400m:          | 4:20.34 | 32.44 |
| 49.     | Drapiewski Patryk    |         |       |       | 98      | SMS Bydgoszcz    |       |         |       | <b>4:22.00</b> | 531     | -     |
|         | 50m:                 | 29.07   | 29.07 | 150m: | 1:34.18 | 33.26            | 250m: | 2:40.89 | 33.62 | 350m:          | 3:48.29 | 33.88 |
|         | 100m:                | 1:00.92 | 31.85 | 200m: | 2:07.27 | 33.09            | 300m: | 3:14.41 | 33.52 | 400m:          | 4:22.00 | 33.71 |



Liga SMS 2015/16 - I runda  
Ostrowiec Św., 27,28 listopada 2015r



Konkurencja 20, Mężczyzn, 400m dowolny, Open

| Pozycja | Rok ur.             |                     |                     |                     | Czas           |     |      |  | Pkt. |  |
|---------|---------------------|---------------------|---------------------|---------------------|----------------|-----|------|--|------|--|
| 50.     | Kopczyński Dawid    | 99                  | SMS Zielona Góra    |                     | <b>4:22.53</b> | 528 | 4,00 |  |      |  |
|         | 50m: 28.77 28.77    | 150m: 1:34.45 33.12 | 250m: 2:42.16 33.79 | 350m: 3:49.66 33.78 |                |     |      |  |      |  |
|         | 100m: 1:01.33 32.56 | 200m: 2:08.37 33.92 | 300m: 3:15.88 33.72 | 400m: 4:22.53 32.87 |                |     |      |  |      |  |
| 51.     | Mazur Dominik SO    | 99                  | SMS Oświęcim        |                     | <b>4:22.57</b> | 528 | -    |  |      |  |
|         | 50m: 28.74 28.74    | 150m: 1:33.41 32.70 | 250m: 2:39.99 33.43 | 350m: 3:48.47 34.12 |                |     |      |  |      |  |
|         | 100m: 1:00.71 31.97 | 200m: 2:06.56 33.15 | 300m: 3:14.35 34.36 | 400m: 4:22.57 34.10 |                |     |      |  |      |  |
| 52.     | Lesik Radosław SR   | 98                  | SMS Racibórz        |                     | <b>4:23.10</b> | 525 | -    |  |      |  |
|         | 50m: 29.49 29.49    | 150m: 1:36.82 33.93 | 250m: 2:45.00 34.09 | 350m: 3:52.25 32.86 |                |     |      |  |      |  |
|         | 100m: 1:02.89 33.40 | 200m: 2:10.91 34.09 | 300m: 3:19.39 34.39 | 400m: 4:23.10 30.85 |                |     |      |  |      |  |
| 53.     | Lato Kacper         | 99                  | SMS Lublin          |                     | <b>4:26.35</b> | 506 | -    |  |      |  |
|         | 50m: 29.86 29.86    | 150m: 1:35.86 33.48 | 250m: 2:44.60 34.58 | 350m: 3:52.87 34.11 |                |     |      |  |      |  |
|         | 100m: 1:02.38 32.52 | 200m: 2:10.02 34.16 | 300m: 3:18.76 34.16 | 400m: 4:26.35 33.48 |                |     |      |  |      |  |
| 54.     | Gąsior Sebastian    | 99                  | SMS Lublin          |                     | <b>4:26.38</b> | 505 | -    |  |      |  |
|         | 50m: 30.41 30.41    | 150m: 1:37.69 33.87 | 250m: 2:45.90 33.96 | 350m: 3:53.78 33.91 |                |     |      |  |      |  |
|         | 100m: 1:03.82 33.41 | 200m: 2:11.94 34.25 | 300m: 3:19.87 33.97 | 400m: 4:26.38 32.60 |                |     |      |  |      |  |
| 55.     | Kalisz Jakub        | 00                  | SMS Warszawa        |                     | <b>4:28.19</b> | 495 | -    |  |      |  |
|         | 50m: 28.70 28.70    | 150m: 1:35.21 33.91 | 250m: 2:43.86 34.50 | 350m: 3:54.21 35.38 |                |     |      |  |      |  |
|         | 100m: 1:01.30 32.60 | 200m: 2:09.36 34.15 | 300m: 3:18.83 34.97 | 400m: 4:28.19 33.98 |                |     |      |  |      |  |
| 56.     | Wosiek Dawid SOc    | 01                  | SMS Ostrowiec Św    |                     | <b>4:32.00</b> | 475 | 3,00 |  |      |  |
|         | 50m: 30.12 30.12    | 150m: 1:39.21 34.76 | 250m: 2:48.68 34.87 | 350m: 3:58.32 34.88 |                |     |      |  |      |  |
|         | 100m: 1:04.45 34.33 | 200m: 2:13.81 34.60 | 300m: 3:23.44 34.76 | 400m: 4:32.00 33.68 |                |     |      |  |      |  |
| 57.     | Bednarz Mateusz     | 99                  | SMS Lublin          |                     | <b>4:32.94</b> | 470 | -    |  |      |  |
|         | 50m: 31.59 31.59    | 150m: 1:40.27 34.56 | 250m: 2:50.47 36.05 | 350m: 4:00.27 33.46 |                |     |      |  |      |  |
|         | 100m: 1:05.71 34.12 | 200m: 2:14.42 34.15 | 300m: 3:26.81 36.34 | 400m: 4:32.94 32.67 |                |     |      |  |      |  |
| 58.     | Lewicki Aleksander  | 00                  | SMS Warszawa        |                     | <b>4:38.51</b> | 442 | -    |  |      |  |
|         | 50m: 31.01 31.01    | 150m: 1:40.76 35.35 | 250m: 2:52.08 35.52 | 350m: 4:03.87 35.79 |                |     |      |  |      |  |
|         | 100m: 1:05.41 34.40 | 200m: 2:16.56 35.80 | 300m: 3:28.08 36.00 | 400m: 4:38.51 34.64 |                |     |      |  |      |  |