

Konkurencja 8

M czyzn, 400m dowolny

11 lat i starsi

30-09-2017 - 11:33

Wyniki

Rek Okr gu wi t. Seniorów	3:45.62	Kaczmarek Marcin	KSOST	Ostrowiec w.	19-12-2012
Rek Okr gu wi t. Jun 18-lat	3:45.62	Kaczmarek Marcin	KSOST	Ostrowiec w.	19-12-2012
Rek Okr gu wi t. Jun 17-lat	3:51.00	Kaczmarek Marcin	KSOST	Pozna	15-12-2011
Rek Okr gu wi t. Jun 16-lat	3:56.87	Kaczmarek Marcin	KSOST	Szczecin	01-12-2010
Rek Okr gu wi t. Jun 15-lat	3:57.27	Kurant Roger	KSOST	Sandomierz	30-05-2009
Rek Okr gu wi t. Jun 14-lat	4:07.03	Kurant Roger	KSOST	Gorzów Wlkp.	26-01-2008
Rek Okr gu wi t. Młodz.13-lat	4:16.57	Kurant Roger	KSOST	Ostrowiec w.	09-12-2007
Rek Okr gu wi t. Młodz.12-lat	4:34.56	Micha Kacper	KSOST	Ostrowiec Sw.	08-12-2012

Punkty: FINA 2016

Pozycja Rok ur. Czas Pkt.

15 lat i starsi

1. Bujak Piotr	97	Salos Cortile Kielce	4:09.28	617
50m: 29.02 29.02	150m: 1:30.74 31.01	250m: 2:34.05 31.70	350m: 3:38.27 31.97	
100m: 59.73 30.71	200m: 2:02.35 31.61	300m: 3:06.30 32.25	400m: 4:09.28 31.01	
2. Wilk Jakub SOc	02	KSZO Ostrowiec w	4:09.95	612
50m: 29.08 29.08	150m: 1:31.94 31.84	250m: 2:36.16 32.12	350m: 3:40.00 31.54	
100m: 1:00.10 31.02	200m: 2:04.04 32.10	300m: 3:08.46 32.30	400m: 4:09.95 29.95	
3. Król Jan	02	Orka MOSiR Kielce	4:32.46	472
50m: 29.34 29.34	150m: 1:38.39 34.84	250m: 2:49.36 35.49	350m: 3:58.88 34.63	
100m: 1:03.55 34.21	200m: 2:13.87 35.48	300m: 3:24.25 34.89	400m: 4:32.46 33.58	
4. Hajduk Robert	01	Salos Cortile Kielce	4:51.06	387
50m: 32.30 32.30	150m: 1:45.35 36.91	250m: 3:01.26 37.98	350m: 4:14.65 36.96	
100m: 1:08.44 36.14	200m: 2:23.28 37.93	300m: 3:37.69 36.43	400m: 4:51.06 36.41	

14 lat

1. Stefa ski Patryk SOc	03	KSZO Ostrowiec w	4:22.45	528
50m: 29.62 29.62	150m: 1:36.08 33.17	250m: 2:42.33 32.82	350m: 3:50.26 33.96	
100m: 1:02.91 33.29	200m: 2:09.51 33.43	300m: 3:16.30 33.97	400m: 4:22.45 32.19	
2. Borowski Kacper SOc	03	KSZO Ostrowiec w	4:39.46	438
50m: 30.93 30.93	150m: 1:40.89 35.35	250m: 2:53.29 36.29	350m: 4:05.02 35.45	
100m: 1:05.54 34.61	200m: 2:17.00 36.11	300m: 3:29.57 36.28	400m: 4:39.46 34.44	
3. Okr t Oliwier SOc	03	KSZO Ostrowiec w	4:52.58	381
50m: 32.58 32.58	150m: 1:45.64 36.74	250m: 3:00.55 37.57	350m: 4:12.60 34.63	
100m: 1:08.90 36.32	200m: 2:22.98 37.34	300m: 3:37.97 37.42	400m: 4:52.58 39.98	
4. Radek Jakub	03	Salos Cortile Kielce	5:13.42	310
50m: 35.76 35.76	150m: 1:53.60 39.65	250m: 3:14.12 40.29	350m: 4:34.57 40.29	
100m: 1:13.95 38.19	200m: 2:33.83 40.23	300m: 3:54.28 40.16	400m: 5:13.42 38.85	

13 lat

1. Krackowski Tomasz	04	Barakuda Starachowice	4:48.00	400
50m: 31.23 31.23	150m: 1:42.49 36.51	250m: 2:57.31 37.89	350m: 4:12.66 37.39	
100m: 1:05.98 34.75	200m: 2:19.42 36.93	300m: 3:35.27 37.96	400m: 4:48.00 35.34	
2. Bara ski Jakub	04	Barakuda Starachowice	4:50.23	391
50m: 31.54 31.54	150m: 1:43.85 36.93	250m: 2:59.57 38.05	350m: 4:15.26 37.58	
100m: 1:06.92 35.38	200m: 2:21.52 37.67	300m: 3:37.68 38.11	400m: 4:50.23 34.97	
3. Sobieraj Krystian	04	Barakuda Starachowice	5:32.61	259
50m: 34.95 34.95	150m: 1:59.17 43.01	250m: 3:25.71 43.95	350m: 4:51.46 43.41	
100m: 1:16.16 41.21	200m: 2:41.76 42.59	300m: 4:08.05 42.34	400m: 5:32.61 41.15	

Konkurencja 8, Mężczyźni, 400m dowolny

12 lat

1.	Michta Bartosz		05	KSZO Ostrowiec w		4:59.56	355	
	50m: 32.67	32.67	150m: 1:46.98	37.76	250m: 3:04.47	38.99	350m: 4:22.66	39.38
	100m: 1:09.22	36.55	200m: 2:25.48	38.50	300m: 3:43.28	38.81	400m: 4:59.56	36.90
2.	Błaut Maciej		05	Korona-Swim Kielce		5:13.82	309	
	50m: 34.09	34.09	150m: 1:50.50	38.61	250m: 3:11.81	40.46	350m: 4:35.29	41.76
	100m: 1:11.89	37.80	200m: 2:31.35	40.85	300m: 3:53.53	41.72	400m: 5:13.82	38.53
3.	Wolak Maciej		05	FOKA Sandomierz		5:22.01	286	
	50m: 35.93	35.93	150m: 1:56.28	40.61	250m: 3:19.49	41.32	350m: 4:42.50	41.52
	100m: 1:15.67	39.74	200m: 2:38.17	41.89	300m: 4:00.98	41.49	400m: 5:22.01	39.51
4.	Kesler Michał		05	KSZO Ostrowiec w		5:42.25	238	
	50m: 37.90	37.90	150m: 2:03.85	43.94	250m: 3:35.60	45.14	350m: 5:02.33	43.38
	100m: 1:19.91	42.01	200m: 2:50.46	46.61	300m: 4:18.95	43.35	400m: 5:42.25	39.92
5.	Nowak Jan		05	Delfin Połaniec		5:54.19	215	
	50m: 38.60	38.60	150m: 2:07.84	44.79	250m: 3:40.13	46.55	350m: 5:10.88	45.30
	100m: 1:23.05	44.45	200m: 2:53.58	45.74	300m: 4:25.58	45.45	400m: 5:54.19	43.31
6.	Szczyrba Alex		05	FOKA Sandomierz		6:01.81	201	
	50m: 39.65	39.65	150m: 2:12.91	47.08	250m: 3:46.46	47.27	350m: 5:20.32	46.37
	100m: 1:25.83	46.18	200m: 2:59.19	46.28	300m: 4:33.95	47.49	400m: 6:01.81	41.49
7.	Korga Franciszek		05	FOKA Sandomierz		6:02.37	200	
	50m: 41.58	41.58	150m: 2:14.17	46.57	250m: 3:47.25	47.66	350m: 5:21.16	47.98
	100m: 1:27.60	46.02	200m: 2:59.59	45.42	300m: 4:33.18	45.93	400m: 6:02.37	41.21
8.	Kundera Olaf		05	Korona-Swim Kielce		6:04.64	197	
	50m: 41.56	41.56	150m: 2:16.98	48.23	250m: 3:51.17	47.15	350m: 5:22.56	45.40
	100m: 1:28.75	47.19	200m: 3:04.02	47.04	300m: 4:37.16	45.99	400m: 6:04.64	42.08
9.	Gajda Jakub		05	FOKA Sandomierz		6:16.10	179	
	50m: 43.82	43.82	150m: 2:22.13	49.36	250m: 3:59.25	47.80	350m: 5:34.85	47.24
	100m: 1:32.77	48.95	200m: 3:11.45	49.32	300m: 4:47.61	48.36	400m: 6:16.10	41.25
10.	Sierant Krzysztof		05	FOKA Sandomierz		7:38.44	99	
	50m: 46.50	46.50	150m: 2:45.31	1:00.32	250m: 4:45.40	1:00.71	350m: 6:41.65	57.05
	100m: 1:44.99	58.49	200m: 3:44.69	59.38	300m: 5:44.60	59.20	400m: 7:38.44	56.79