



Konkurencja 10  
03-12-2017 - 12:08

Mężczyzn, 400m zmienny

13 lat i starsi  
Wyniki

Rek Okręgu wiot. Seniorów	4:12.74	Bujak Dominik	SAKIE	Olsztyn	16-12-2016
Rek Okręgu wiot. Jun 18-lat	4:12.74	Bujak Dominik	SAKIE	Olsztyn	16-12-2016
Rek Okręgu wiot. Jun 17-lat	4:12.74	Bujak Dominik	SAKIE	Olsztyn	16-12-2016
Rek Okręgu wiot. Jun 16-lat	4:21.59	Bujak Dominik	SAKIE	Poznań	21-11-2015
Rek Okręgu wiot. Jun 15-lat	4:25.49	Bujak Dominik	SAKIE	Poznań	22-11-2014
Rek Okręgu wiot. Jun 14-lat	4:37.84	Barusiński Kordian	KOKIE	Lublin	18-12-2015
Rek Okręgu wiot. Młodz. 13-lat	4:58.87	Gotszling Dawid	BASTA	Owocim	20-12-2014

Punkty: FINA 2016

Pozycja Rok ur. Czas Pkt.

15 lat i starsi

1. Łukawski Mikołaj	99	Salos Cortile Kielce	<b>4:35.15</b>	626
50m: 28.35 28.35	150m: 1:37.59 37.01	250m: 2:55.00 40.41	350m: 4:05.69 30.76	
100m: 1:00.58 32.23	200m: 2:14.59 37.00	300m: 3:34.93 39.93	400m: 4:35.15 29.46	
2. Bujak Piotr	97	Salos Cortile Kielce	<b>4:38.56</b>	604
50m: 31.44 31.44	150m: 1:41.05 34.86	250m: 2:56.65 41.57	350m: 4:09.26 29.82	
100m: 1:06.19 34.75	200m: 2:15.08 34.03	300m: 3:39.44 42.79	400m: 4:38.56 29.30	
3. Niestuj Piotr	02	Salos Cortile Kielce	<b>4:55.46</b>	506
50m: 32.06 32.06	150m: 1:45.78 38.42	250m: 3:04.56 41.21	350m: 4:22.18 34.77	
100m: 1:07.36 35.30	200m: 2:23.35 37.57	300m: 3:47.41 42.85	400m: 4:55.46 33.28	
4. Borowski Jakub	02	Salos Cortile Kielce	<b>4:57.34</b>	496
50m: 31.53 31.53	150m: 1:47.55 39.39	250m: 3:07.92 41.26	350m: 4:23.83 34.46	
100m: 1:08.16 36.63	200m: 2:26.66 39.11	300m: 3:49.37 41.45	400m: 4:57.34 33.51	
5. Hajduk Robert	01	Salos Cortile Kielce	<b>5:04.82</b>	461
50m: 31.59 31.59	150m: 1:49.39 41.56	250m: 3:10.80 41.46	350m: 4:29.49 36.29	
100m: 1:07.83 36.24	200m: 2:29.34 39.95	300m: 3:53.20 42.40	400m: 5:04.82 35.33	

14 lat

1. Tarka Maciej	03	Centrum Staszów	<b>5:21.71</b>	392
50m: 33.27 33.27	150m: 1:52.58 39.86	250m: 3:19.40 48.25	350m: 4:45.12 37.76	
100m: 1:12.72 39.45	200m: 2:31.15 38.57	300m: 4:07.36 47.96	400m: 5:21.71 36.59	
2. Walczyk Dominik SOc	03	KSZO Ostrowiec w	<b>5:28.13</b>	369
50m: 32.78 32.78	150m: 1:53.79 42.26	250m: 3:23.22 48.10	350m: 4:50.54 38.39	
100m: 1:11.53 38.75	200m: 2:35.12 41.33	300m: 4:12.15 48.93	400m: 5:28.13 37.59	
3. Okręgi Oliwier SOc	03	KSZO Ostrowiec w	<b>5:29.36</b>	365
50m: 36.63 36.63	150m: 2:01.53 42.48	250m: 3:30.32 47.63	350m: 4:54.75 37.72	
100m: 1:19.05 42.42	200m: 2:42.69 41.16	300m: 4:17.03 46.71	400m: 5:29.36 34.61	

13 lat

1. Kraczkowski Tomasz	04	Barakuda Starachowice	<b>5:03.48</b>	467
50m: 32.59 32.59	150m: 1:51.12 40.28	250m: 3:10.69 40.86	350m: 4:28.39 36.08	
100m: 1:10.84 38.25	200m: 2:29.83 38.71	300m: 3:52.31 41.62	400m: 5:03.48 35.09	
2. Wypchło Jakub	04	Barakuda Starachowice	<b>5:18.52</b>	404
50m: 34.11 34.11	150m: 1:56.81 40.43	250m: 3:19.15 42.03	350m: 4:41.52 38.16	
100m: 1:16.38 42.27	200m: 2:37.12 40.31	300m: 4:03.36 44.21	400m: 5:18.52 37.00	
3. Skierniewski Filip	04	Barakuda Starachowice	<b>5:21.85</b>	391
50m: 33.73 33.73	150m: 1:57.04 44.01	250m: 3:22.52 43.99	350m: 4:45.79 38.30	
100m: 1:13.03 39.30	200m: 2:38.53 41.49	300m: 4:07.49 44.97	400m: 5:21.85 36.06	
4. Barusiński Jakub	04	Barakuda Starachowice	<b>5:27.21</b>	372
50m: 35.49 35.49	150m: 1:58.58 41.75	250m: 3:28.06 48.63	350m: 4:53.98 36.68	
100m: 1:16.83 41.34	200m: 2:39.43 40.85	300m: 4:17.30 49.24	400m: 5:27.21 33.23	
5. Nowak Kacper	04	Barakuda Starachowice	<b>6:07.24</b>	263
50m: 40.26 40.26	150m: 2:13.91 46.85	250m: 3:47.94 48.29	350m: 5:18.67 41.72	
100m: 1:27.06 46.80	200m: 2:59.65 45.74	300m: 4:36.95 49.01	400m: 6:07.24 48.57	



Konkurencja 10, Chłopców, 400m zmienny, 13 lat

Pozycja	Rok ur.								Czas	Pkt.	
6. Sobieraj Krystian	04 Barakuda Starachowice								<b>6:10.78</b>	256	
50m:	38.77	38.77	150m:	2:18.95	50.44	250m:	3:54.60	48.37	350m:	5:28.72	44.25
100m:	1:28.51	49.74	200m:	3:06.23	47.28	300m:	4:44.47	49.87	400m:	6:10.78	42.06
7. Głowacki Olaf	04 Barakuda Starachowice								<b>6:12.00</b>	253	
50m:	40.44	40.44	150m:	2:15.77	50.22	250m:	3:57.42	53.11	350m:	5:31.97	42.48
100m:	1:25.55	45.11	200m:	3:04.31	48.54	300m:	4:49.49	52.07	400m:	6:12.00	40.03
8. Utnik Marek	04 Centrum Staszów								<b>7:20.29</b>	153	
50m:	48.07	48.07	150m:	2:43.07	52.54	250m:	4:38.18	1:03.43	350m:	6:30.77	50.92
100m:	1:50.53	1:02.46	200m:	3:34.75	51.68	300m:	5:39.85	1:01.67	400m:	7:20.29	49.52
DYSKW. Róalski Marcin	04 Salos Cortile Kielce								<b>5:40.10</b>		
<i>K14 - praca nóg w płaszczy nie pionowej w dół</i>											
50m:	37.35	37.35	150m:	2:03.15	43.27	250m:	3:34.82	48.60	350m:	5:02.00	38.69
100m:	1:19.88	42.53	200m:	2:46.22	43.07	300m:	4:23.31	48.49	400m:	5:40.10	38.10