



Mi dzywojewódzkie Dru ynowe Mistrzostwa Młodzików 13-lat
Ostrowiec w., 17,18 czerwca 2017r



Konkurencja 8

Chłopców, 400m dowolny

13 lat

17-06-2017 - 17:13

Wyniki

Rek Polski Młodz.13-lat	4:12.91	Bernatowicz Sebastian	AQBYD	Bydgoszcz	22-12-2007
Rek.Okr gu wi t.Młodz.13-lat	4:16.57	Kurant Roger	KSOST	Ostrowiec w.	09-12-2007

Punkty: FINA 2016

Pozycja	Rok ur.	CR	Czas	Pkt.		
1. Chmielewski Krzysztof	04	Muszelka Warszawa	+0,70	4:14.42	580	
50m: 28.38 28.38	150m: 1:31.62	32.07	250m: 2:36.79	32.61	350m: 3:42.07	32.74
100m: 59.55 31.17	200m: 2:04.18	32.56	300m: 3:09.33	32.54	400m: 4:14.42	32.35
2. Chmielewski Michał	04	Muszelka Warszawa	+0,69	4:21.55	534	
50m: 29.84 29.84	150m: 1:35.49	33.26	250m: 2:42.63	33.71	350m: 3:49.82	33.44
100m: 1:02.23 32.39	200m: 2:08.92	33.43	300m: 3:16.38	33.75	400m: 4:21.55	31.73
3. Jendrzejczyk Maxim	04	Jagiellonka Warszawa	+0,78	4:21.66	533	
50m: 29.26 29.26	150m: 1:34.14	32.92	250m: 2:41.31	33.72	350m: 3:48.85	33.73
100m: 1:01.22 31.96	200m: 2:07.59	33.45	300m: 3:15.12	33.81	400m: 4:21.66	32.81
4. Gołacki Sergiusz	04	UKS 190 Łód	+0,83	4:24.85	514	
50m: 29.20 29.20	150m: 1:35.28	33.75	250m: 2:43.28	34.00	350m: 3:51.51	34.02
100m: 1:01.53 32.33	200m: 2:09.28	34.00	300m: 3:17.49	34.21	400m: 4:24.85	33.34
5. Koronkiewicz Antoni	04	Fenix O arów Maz	+0,48	4:27.45	499	
50m: 29.72 29.72	150m: 1:36.02	33.61	250m: 2:44.15	34.32	350m: 3:53.10	34.63
100m: 1:02.41 32.69	200m: 2:09.83	33.81	300m: 3:18.47	34.32	400m: 4:27.45	34.35
6. Le niak Maksymilian	04	UKS 190 Łód	+0,67	4:28.72	492	
50m: 30.19 30.19	150m: 1:37.36	33.81	250m: 2:46.68	34.58	350m: 3:55.82	34.50
100m: 1:03.55 33.36	200m: 2:12.10	34.74	300m: 3:21.32	34.64	400m: 4:28.72	32.90
7. Stanisławski Bartosz	04	SP 149 Łód	+0,78	4:34.72	461	
50m: 30.40 30.40	150m: 1:38.88	34.69	250m: 2:49.06	35.09	350m: 3:59.96	35.23
100m: 1:04.19 33.79	200m: 2:13.97	35.09	300m: 3:24.73	35.67	400m: 4:34.72	34.76
8. Rafał Kacper	04	UKS V Łomianki	+0,74	4:34.73	461	
50m: 31.27 31.27	150m: 1:39.81	34.74	250m: 2:50.32	35.28	350m: 4:00.20	34.59
100m: 1:05.07 33.80	200m: 2:15.04	35.23	300m: 3:25.61	35.29	400m: 4:34.73	34.53
9. Bednarek Przemysław	04	Muszelka Warszawa	+0,66	4:37.49	447	
50m: 31.39 31.39	150m: 1:40.11	34.78	250m: 2:50.86	35.27	350m: 4:02.27	35.79
100m: 1:05.33 33.94	200m: 2:15.59	35.48	300m: 3:26.48	35.62	400m: 4:37.49	35.22
10. Grabowski Jakub	04	KP MZOS Płock	+0,67	4:38.56	442	
50m: 31.82 31.82	150m: 1:42.49	35.77	250m: 2:53.44	35.44	350m: 4:04.47	35.36
100m: 1:06.72 34.90	200m: 2:18.00	35.51	300m: 3:29.11	35.67	400m: 4:38.56	34.09
11. Klimczak Kacper	04	Jedynka Łód	+0,72	4:38.81	441	
50m: 31.16 31.16	150m: 1:41.63	35.80	250m: 2:53.21	35.71	350m: 4:04.94	36.14
100m: 1:05.83 34.67	200m: 2:17.50	35.87	300m: 3:28.80	35.59	400m: 4:38.81	33.87
12. Jasi ski Michał	04	G-8 Bielany W-wa	+0,78	4:40.33	434	
50m: 32.32 32.32	150m: 1:43.42	36.16	250m: 2:55.43	35.78	350m: 4:06.79	34.93
100m: 1:07.26 34.94	200m: 2:19.65	36.23	300m: 3:31.86	36.43	400m: 4:40.33	33.54
13. Jakubowski Kacper	04	Juvenia Białystok	+0,78	4:40.82	431	
50m: 31.32 31.32	150m: 1:42.62	36.13	250m: 2:55.14	36.15	350m: 4:05.76	35.00
100m: 1:06.49 35.17	200m: 2:18.99	36.37	300m: 3:30.76	35.62	400m: 4:40.82	35.06
14. Bara ski Jakub	04	Barakuda Starachowice	+0,61	4:42.06	426	
50m: 30.93 30.93	150m: 1:42.01	36.07	250m: 2:55.52	37.06	350m: 4:08.76	36.58
100m: 1:05.94 35.01	200m: 2:18.46	36.45	300m: 3:32.18	36.66	400m: 4:42.06	33.30
15. Kowalczyk Jakub	04	SP 149 Łód	+0,69	4:42.14	425	
50m: 31.68 31.68	150m: 1:41.91	35.37	250m: 2:54.54	36.11	350m: 4:06.87	36.21
100m: 1:06.54 34.86	200m: 2:18.43	36.52	300m: 3:30.66	36.12	400m: 4:42.14	35.27
16. Kraczkowski Tomasz	04	Barakuda Starachowice	+0,69	4:42.18	425	
50m: 31.39 31.39	150m: 1:43.60	36.54	250m: 2:56.52	36.36	350m: 4:08.88	35.69
100m: 1:07.06 35.67	200m: 2:20.16	36.56	300m: 3:33.19	36.67	400m: 4:42.18	33.30



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Konkurencja 8, Chłopców, 400m dowolny, 13 lat

Pozycja				Rok ur.					CR	Czas	Pkt.	
17.	Miazga Oskar			04	FALA Kra nik				+1,12	4:42.21	425	
	50m:	31.42	31.42	150m:	1:42.08	35.88	250m:	2:55.33	36.85	350m:	4:08.81	37.36
	100m:	1:06.20	34.78	200m:	2:18.48	36.40	300m:	3:31.45	36.12	400m:	4:42.21	33.40
18.	Zubrzycki Kacper			04	Wisła Puławy				+0,79	4:42.47	424	
	50m:	30.38	30.38	150m:	1:40.90	35.67	250m:	2:53.73	36.54	350m:	4:07.03	36.82
	100m:	1:05.23	34.85	200m:	2:17.19	36.29	300m:	3:30.21	36.48	400m:	4:42.47	35.44
19.	Zuzaniuk Igor			04	Olimpia Lublin				+0,55	4:42.74	423	
	50m:	31.40	31.40	150m:	1:42.17	35.70	250m:	2:55.20	36.81	350m:	4:07.84	36.14
	100m:	1:06.47	35.07	200m:	2:18.39	36.22	300m:	3:31.70	36.50	400m:	4:42.74	34.90
20.	Kałaska Patryk			04	Jagiellonka Warszawa				+0,71	4:43.06	421	
	50m:	31.95	31.95	150m:	1:43.85	35.87	250m:	2:56.06	36.45	350m:	4:08.43	35.09
	100m:	1:07.98	36.03	200m:	2:19.61	35.76	300m:	3:33.34	37.28	400m:	4:43.06	34.63
21.	Pytel Julian Grzegorz			04	Juvenia Białystok				+0,87	4:43.11	421	
	50m:	31.64	31.64	150m:	1:44.11	36.75	250m:	2:56.10	35.90	350m:	4:09.50	36.97
	100m:	1:07.36	35.72	200m:	2:20.20	36.09	300m:	3:32.53	36.43	400m:	4:43.11	33.61
22.	Ciesielski Artur			04	Olimpijczyk Aleksandrów Ł				+0,81	4:43.28	420	
	50m:	30.72	30.72	150m:	1:41.88	35.99	250m:	2:55.18	36.55	350m:	4:08.10	36.07
	100m:	1:05.89	35.17	200m:	2:18.63	36.75	300m:	3:32.03	36.85	400m:	4:43.28	35.18
23.	Ziembowicz Franciszek			04	G-8 Bielany W-wa				+0,69	4:43.55	419	
	50m:	31.74	31.74	150m:	1:40.90	35.42	250m:	2:52.89	36.76	350m:	4:07.14	37.75
	100m:	1:05.48	33.74	200m:	2:16.13	35.23	300m:	3:29.39	36.50	400m:	4:43.55	36.41
24.	Jurgiel Aleksander			04	Juvenia Białystok				+0,70	4:43.59	419	
	50m:	30.44	30.44	150m:	1:41.52	36.16	250m:	2:54.53	36.69	350m:	4:07.73	37.00
	100m:	1:05.36	34.92	200m:	2:17.84	36.32	300m:	3:30.73	36.20	400m:	4:43.59	35.86
25.	Krakowiak Tymoteusz			04	Jagiellonka Warszawa				+0,74	4:48.97	396	
	50m:	31.26	31.26	150m:	1:42.76	35.63	250m:	2:57.57	37.77	350m:	4:12.97	37.85
	100m:	1:07.13	35.87	200m:	2:19.80	37.04	300m:	3:35.12	37.55	400m:	4:48.97	36.00
26.	Ciuba Mikołaj			04	G-8 Bielany W-wa				+0,63	4:49.05	395	
	50m:	31.64	31.64	150m:	1:42.73	36.09	250m:	2:55.92	36.84	350m:	4:09.22	36.42
	100m:	1:06.64	35.00	200m:	2:19.08	36.35	300m:	3:32.80	36.88	400m:	4:49.05	39.83
27.	Iskra Szymon			04	Pi tka Konstantinów Ł.				+0,62	4:49.43	394	
	50m:	33.00	33.00	150m:	1:48.02	37.73	250m:	3:02.40	36.90	350m:	4:15.10	35.73
	100m:	1:10.29	37.29	200m:	2:25.50	37.48	300m:	3:39.37	36.97	400m:	4:49.43	34.33
28.	Rogacki Michał			04	SP 149 Łód				+0,72	4:50.89	388	
	50m:	32.29	32.29	150m:	1:47.03	37.84	250m:	3:01.58	37.21	350m:	4:15.86	36.42
	100m:	1:09.19	36.90	200m:	2:24.37	37.34	300m:	3:39.44	37.86	400m:	4:50.89	35.03
29.	laski Filip			04	Fenix O arów Maz				+0,58	4:53.67	377	
	50m:	33.06	33.06	150m:	1:48.30	38.47	250m:	3:02.93	37.16	350m:	4:17.47	36.74
	100m:	1:09.83	36.77	200m:	2:25.77	37.47	300m:	3:40.73	37.80	400m:	4:53.67	36.20
30.	Jarosz Kacper			04	KP MZOS Płock				+0,81	4:54.82	373	
	50m:	33.39	33.39	150m:	1:48.04	37.50	250m:	3:04.29	38.20	350m:	4:19.52	36.98
	100m:	1:10.54	37.15	200m:	2:26.09	38.05	300m:	3:42.54	38.25	400m:	4:54.82	35.30
31.	Berner Szymon			04	BUKS Warszawa				+0,74	4:55.76	369	
	50m:	29.83	29.83	150m:	1:41.68	36.91	250m:	2:58.39	39.11	350m:	4:17.13	39.94
	100m:	1:04.77	34.94	200m:	2:19.28	37.60	300m:	3:37.19	38.80	400m:	4:55.76	38.63
32.	Abraszek Jakub			04	Orka Zamo				+0,77	4:55.78	369	
	50m:	32.44	32.44	150m:	1:46.92	37.95	250m:	3:03.12	37.70	350m:	4:19.42	37.58
	100m:	1:08.97	36.53	200m:	2:25.42	38.50	300m:	3:41.84	38.72	400m:	4:55.78	36.36
33.	Kordziak Witold			04	G-8 Bielany W-wa				+0,70	4:55.86	369	
	50m:	32.08	32.08	150m:	1:46.75	38.15	250m:	3:03.45	38.11	350m:	4:19.66	38.13
	100m:	1:08.60	36.52	200m:	2:25.34	38.59	300m:	3:41.53	38.08	400m:	4:55.86	36.20



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Konkurencja 8, Chłopców, 400m dowolny, 13 lat

Pozycja				Rok ur.					CR	Czas	Pkt.	
34.	Kozie ski Oliwier			04	Wisła Puławy				+0,68	4:56.67	366	
	50m:	33.12	33.12	150m:	1:47.94	37.85	250m:	3:04.94	39.35	350m:	4:19.53	37.41
	100m:	1:10.09	36.97	200m:	2:25.59	37.65	300m:	3:42.12	37.18	400m:	4:56.67	37.14
35.	J dryka Nikodem			04	Jedynka Łód				+0,74	4:57.10	364	
	50m:	32.74	32.74	150m:	1:48.46	38.73	250m:	3:04.14	38.21	350m:	4:20.64	38.00
	100m:	1:09.73	36.99	200m:	2:25.93	37.47	300m:	3:42.64	38.50	400m:	4:57.10	36.46
36.	Maron Michał			04	G-8 Bielany W-wa				+0,73	4:59.00	357	
	50m:	33.79	33.79	150m:	1:50.04	38.55	250m:	3:07.54	38.60	350m:	4:23.08	37.15
	100m:	1:11.49	37.70	200m:	2:28.94	38.90	300m:	3:45.93	38.39	400m:	4:59.00	35.92
37.	Zakrzewicz Tomasz			04	KP MZOS Płock				+0,81	4:59.42	356	
	50m:	33.43	33.43	150m:	1:49.53	38.24	250m:	3:06.30	38.26	350m:	4:23.21	37.90
	100m:	1:11.29	37.86	200m:	2:28.04	38.51	300m:	3:45.31	39.01	400m:	4:59.42	36.21
38.	Wo niak Antoni			04	307 Warszawa				+0,70	4:59.97	354	
	50m:	33.49	33.49	150m:	1:49.30	38.73	250m:	3:06.29	38.74	350m:	4:22.75	37.86
	100m:	1:10.57	37.08	200m:	2:27.55	38.25	300m:	3:44.89	38.60	400m:	4:59.97	37.22
39.	Górecki Kamil			04	KP MZOS Płock				+0,67	5:00.57	352	
	50m:	33.65	33.65	150m:	1:49.58	38.47	250m:	3:06.15	37.90	350m:	4:23.76	39.17
	100m:	1:11.11	37.46	200m:	2:28.25	38.67	300m:	3:44.59	38.44	400m:	5:00.57	36.81
40.	Łysoniewski Oskar			04	Trójka Łód				+0,76	5:01.35	349	
	50m:	32.88	32.88	150m:	1:48.96	38.89	250m:	3:06.84	39.36	350m:	4:24.28	38.81
	100m:	1:10.07	37.19	200m:	2:27.48	38.52	300m:	3:45.47	38.63	400m:	5:01.35	37.07
41.	Litewski Mikołaj			04	307 Warszawa				+0,72	5:01.46	349	
	50m:	33.31	33.31	150m:	1:49.01	38.12	250m:	3:06.08	38.55	350m:	4:23.53	38.69
	100m:	1:10.89	37.58	200m:	2:27.53	38.52	300m:	3:44.84	38.76	400m:	5:01.46	37.93
42.	Kordowski Tymoteusz			04	BUKS Warszawa				+0,66	5:02.60	345	
	50m:	33.10	33.10	150m:	1:49.64	38.54	250m:	3:06.77	38.73	350m:	4:25.65	39.60
	100m:	1:11.10	38.00	200m:	2:28.04	38.40	300m:	3:46.05	39.28	400m:	5:02.60	36.95
43.	Młynarczyk Mateusz			04	UKS 190 Łód				+0,88	5:02.66	344	
	50m:	34.07	34.07	150m:	1:50.76	38.55	250m:	3:10.21	40.01	350m:	4:26.58	37.66
	100m:	1:12.21	38.14	200m:	2:30.20	39.44	300m:	3:48.92	38.71	400m:	5:02.66	36.08
44.	Jachura Jan			04	FALA Kra nik				+0,70	5:02.73	344	
	50m:	33.50	33.50	150m:	1:49.91	38.98	250m:	3:07.22	38.67	350m:	4:25.99	39.24
	100m:	1:10.93	37.43	200m:	2:28.55	38.64	300m:	3:46.75	39.53	400m:	5:02.73	36.74
45.	Kilar Patryk			04	Olimpijczyk Aleksandrów Ł				+0,83	5:02.97	343	
	50m:	33.21	33.21	150m:	1:48.70	38.03	250m:	3:05.92	39.24	350m:	4:25.07	39.98
	100m:	1:10.67	37.46	200m:	2:26.68	37.98	300m:	3:45.09	39.17	400m:	5:02.97	37.90
46.	Krysiak Kacper			04	Trójka Łód				+0,67	5:04.23	339	
	50m:	33.84	33.84	150m:	1:49.66	38.39	250m:	3:07.91	38.98	350m:	4:26.31	39.22
	100m:	1:11.27	37.43	200m:	2:28.93	39.27	300m:	3:47.09	39.18	400m:	5:04.23	37.92
47.	Szczerba Kacper			04	G-8 Bielany W-wa				+0,71	5:04.59	338	
	50m:	33.42	33.42	150m:	1:49.46	38.72	250m:	3:07.60	39.23	350m:	4:26.15	39.05
	100m:	1:10.74	37.32	200m:	2:28.37	38.91	300m:	3:47.10	39.50	400m:	5:04.59	38.44
48.	J drzejkiewicz Ignacy			04	Ursynów Warszawa				+0,55	5:05.68	334	
	50m:	34.41	34.41	150m:	1:53.14	39.56	250m:	3:11.44	38.96	350m:	4:28.65	38.46
	100m:	1:13.58	39.17	200m:	2:32.48	39.34	300m:	3:50.19	38.75	400m:	5:05.68	37.03
49.	Dudkiewicz Jan			04	oliborz Warszawa				+0,64	5:07.21	329	
	50m:	32.57	32.57	150m:	1:48.95	38.80	250m:	3:07.25	39.55	350m:	4:27.47	40.30
	100m:	1:10.15	37.58	200m:	2:27.70	38.75	300m:	3:47.17	39.92	400m:	5:07.21	39.74
50.	Iwankowski Hubert			04	Polonia Warszawa				+0,72	5:10.14	320	
	50m:	32.92	32.92	150m:	1:50.48	39.64	250m:	3:09.64	39.52	350m:	4:30.12	40.55
	100m:	1:10.84	37.92	200m:	2:30.12	39.64	300m:	3:49.57	39.93	400m:	5:10.14	40.02



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Ostrowiec w., 17,18 czerwca 2017r



Konkurencja 8, Chłopców, 400m dowolny, 13 lat

Pozycja	Rok ur.	CR	Czas	Pkt.
51. Lamecki Nikodem	04 Trójka Łód	+0,74	5:12.07	314
50m: 33.97 33.97	150m: 1:51.71 39.49	250m: 3:12.52 40.76	350m: 4:33.04 40.33	
100m: 1:12.22 38.25	200m: 2:31.76 40.05	300m: 3:52.71 40.19	400m: 5:12.07 39.03	
52. Maszaro Jakub	04 MKS Piaseczno	+0,80	5:12.23	314
50m: 33.36 33.36	150m: 1:50.29 38.79	250m: 3:10.22 40.19	350m: 4:30.96 40.82	
100m: 1:11.50 38.14	200m: 2:30.03 39.74	300m: 3:50.14 39.92	400m: 5:12.23 41.27	
53. Wytrykus Aleksander	04 BUKS Warszawa	+0,63	5:15.39	304
50m: 33.38 33.38	150m: 1:51.44 39.36	250m: 3:13.39 40.23	350m: 4:34.92 40.94	
100m: 1:12.08 38.70	200m: 2:33.16 41.72	300m: 3:53.98 40.59	400m: 5:15.39 40.47	
54. Lewtak Szymon	04 Olimpia Lublin	+0,62	5:15.52	304
50m: 34.12 34.12	150m: 1:53.61 40.32	250m: 3:15.04 40.84	350m: 4:35.14 40.40	
100m: 1:13.29 39.17	200m: 2:34.20 40.59	300m: 3:54.74 39.70	400m: 5:15.52 40.38	
55. Kucharski Antoni	04 MKS Piaseczno	+0,87	5:18.46	296
50m: 34.91 34.91	150m: 1:52.92 39.28	250m: 3:14.14 40.69	350m: 4:36.91 41.34	
100m: 1:13.64 38.73	200m: 2:33.45 40.53	300m: 3:55.57 41.43	400m: 5:18.46 41.55	
56. Łago ny Filip	04 Orka Zamo	+0,63	5:18.47	296
50m: 34.59 34.59	150m: 1:52.05 39.96	250m: 3:14.01 41.36	350m: 4:38.48 42.39	
100m: 1:12.09 37.50	200m: 2:32.65 40.60	300m: 3:56.09 42.08	400m: 5:18.47 39.99	
57. Lewandowski Kacper	04 Pi tka Konstantinów Ł.	+0,75	5:21.14	288
50m: 36.37 36.37	150m: 1:58.62 41.67	250m: 3:21.94 41.26	350m: 4:44.22 40.59	
100m: 1:16.95 40.58	200m: 2:40.68 42.06	300m: 4:03.63 41.69	400m: 5:21.14 36.92	
58. Bednarczyk Hubert	04 oliborz Warszawa	+0,61	5:21.38	288
50m: 34.73 34.73	150m: 1:55.45 41.03	250m: 3:18.38 41.53	350m: 4:41.78 41.73	
100m: 1:14.42 39.69	200m: 2:36.85 41.40	300m: 4:00.05 41.67	400m: 5:21.38 39.60	
59. Banach Bartosz	04 Pi tka Konstantinów Ł.	+0,71	5:21.91	286
50m: 35.25 35.25	150m: 1:57.90 41.82	250m: 3:21.73 41.94	350m: 4:44.57 41.65	
100m: 1:16.08 40.83	200m: 2:39.79 41.89	300m: 4:02.92 41.19	400m: 5:21.91 37.34	
60. Szymaniak Dawid	04 PSP Swim Płock	+0,84	5:25.16	278
50m: 36.57 36.57	150m: 1:59.48 41.34	250m: 3:23.03 41.41	350m: 4:45.74 40.92	
100m: 1:18.14 41.57	200m: 2:41.62 42.14	300m: 4:04.82 41.79	400m: 5:25.16 39.42	
61. Barej Michał	04 Olimpia Lublin	+0,74	5:25.44	277
50m: 34.23 34.23	150m: 1:57.05 41.93	250m: 3:21.25 42.42	350m: 4:45.66 41.86	
100m: 1:15.12 40.89	200m: 2:38.83 41.78	300m: 4:03.80 42.55	400m: 5:25.44 39.78	
62. Trzaskowski Mateusz	04 Victoria Józefów	+0,75	5:25.63	276
50m: 36.40 36.40	150m: 1:56.85 40.98	250m: 3:21.94 41.26	350m: 4:44.82 41.85	
100m: 1:15.87 39.47	200m: 2:38.86 42.01	300m: 4:02.97 41.19	400m: 5:25.63 40.81	
63. Kałusowski Gracjan	04 Trójka Łód	+0,92	5:26.19	275
50m: 35.00 35.00	150m: 1:56.35 41.40	250m: 3:21.42 42.56	350m: 4:45.37 41.49	
100m: 1:14.95 39.95	200m: 2:38.86 42.51	300m: 4:03.88 42.46	400m: 5:26.19 40.82	
64. W gielek Julian	04 oliborz Warszawa	+0,73	5:27.04	273
50m: 34.22 34.22	150m: 1:54.87 41.02	250m: 3:20.20 43.12	350m: 4:45.25 42.61	
100m: 1:13.85 39.63	200m: 2:37.08 42.21	300m: 4:02.64 42.44	400m: 5:27.04 41.79	
65. Wieprzkowicz Wiktor	04 Olimpijczyk Aleksandrów Ł	+0,85	5:30.45	264
50m: 33.44 33.44	150m: 1:56.32 42.71	250m: 3:24.99 43.87	350m: 4:51.41 42.64	
100m: 1:13.61 40.17	200m: 2:41.12 44.80	300m: 4:08.77 43.78	400m: 5:30.45 39.04	
66. Malus Jakub	04 Polonia Warszawa	+0,74	5:31.22	263
50m: 37.25 37.25	150m: 2:00.89 42.32	250m: 3:26.99 42.79	350m: 4:51.37 42.28	
100m: 1:18.57 41.32	200m: 2:44.20 43.31	300m: 4:09.09 42.10	400m: 5:31.22 39.85	
67. El Ghamari Jakub	04 Muszelka Warszawa	+0,81	5:33.12	258
50m: 34.93 34.93	150m: 1:58.00 42.46	250m: 3:23.21 42.81	350m: 4:49.26 43.53	
100m: 1:15.54 40.61	200m: 2:40.40 42.40	300m: 4:05.73 42.52	400m: 5:33.12 43.86	



Międzywojewódzkie Drużynowe Mistrzostwa Młodzików 13-let
Ostrowiec w., 17,18 czerwca 2017r



Konkurencja 8, Chłopców, 400m dowolny, 13 lat

Pozycja				Rok ur.					CR	Czas	Pkt.	
68.	Dulniak Ryszard			04	G-8 Bielany W-wa				+0,66	5:39.96	243	
	50m:	37.02	37.02	150m:	2:02.05	42.81	250m:	3:29.12	43.54	350m:	4:55.88	43.70
	100m:	1:19.24	42.22	200m:	2:45.58	43.53	300m:	4:12.18	43.06	400m:	5:39.96	44.08
69.	Podpora Piotr			04	BUKS Warszawa				+0,72	5:41.72	239	
	50m:	36.61	36.61	150m:	2:02.08	43.52	250m:	3:30.31	44.00	350m:	4:59.10	44.56
	100m:	1:18.56	41.95	200m:	2:46.31	44.23	300m:	4:14.54	44.23	400m:	5:41.72	42.62
70.	Pomorski Łukasz			04	Barakuda Starachowice				+0,96	5:46.66	229	
	50m:	35.35	35.35	150m:	2:00.72	43.84	250m:	3:29.77	45.13	350m:	5:00.14	44.79
	100m:	1:16.88	41.53	200m:	2:44.64	43.92	300m:	4:15.35	45.58	400m:	5:46.66	46.52
71.	Chojnacki Bartosz			04	Olimpic Warka				+0,70	5:49.55	223	
	50m:	35.09	35.09	150m:	2:00.81	43.90	250m:	3:31.66	45.13	350m:	5:04.46	46.48
	100m:	1:16.91	41.82	200m:	2:46.53	45.72	300m:	4:17.98	46.32	400m:	5:49.55	45.09
72.	witkowski Bartosz			04	UKS V Łomianki				+0,80	5:54.42	214	
	50m:	36.07	36.07	150m:	2:04.37	45.42	250m:	3:35.63	46.39	350m:	5:11.02	47.63
	100m:	1:18.95	42.88	200m:	2:49.24	44.87	300m:	4:23.39	47.76	400m:	5:54.42	43.40
73.	Szczekala Oliwier			04	Olimpia Lublin				+0,77	5:57.02	210	
	50m:	37.71	37.71	150m:	2:07.14	45.38	250m:	3:41.14	46.17	350m:	5:11.67	44.25
	100m:	1:21.76	44.05	200m:	2:54.97	47.83	300m:	4:27.42	46.28	400m:	5:57.02	45.35
74.	Wolański Łukasz			04	MKS Piaseczno				+0,74	5:59.33	206	
	50m:	36.59	36.59	150m:	2:06.21	45.95	250m:	3:39.74	47.26	350m:	5:12.98	46.64
	100m:	1:20.26	43.67	200m:	2:52.48	46.27	300m:	4:26.34	46.60	400m:	5:59.33	46.35
75.	Jurkowski Michał			04	oliborz Warszawa				+0,78	6:06.94	193	
	50m:	40.39	40.39	150m:	2:13.32	47.23	250m:	3:46.73	47.16	350m:	5:20.17	46.78
	100m:	1:26.09	45.70	200m:	2:59.57	46.25	300m:	4:33.39	46.66	400m:	6:06.94	46.77
76.	Zacharjasiewicz Antoni			04	Ursynów Warszawa				+0,62	6:07.43	192	
	50m:	37.65	37.65	150m:	2:11.56	47.69	250m:	3:47.96	48.21	350m:	5:22.81	47.17
	100m:	1:23.87	46.22	200m:	2:59.75	48.19	300m:	4:35.64	47.68	400m:	6:07.43	44.62
77.	Krawczyk Jakub			04	Meduza Pajęczno					6:09.57	189	
	50m:	40.54	40.54	150m:	2:13.48	47.26	250m:	3:48.93	47.90	350m:	5:23.79	47.43
	100m:	1:26.22	45.68	200m:	3:01.03	47.55	300m:	4:36.36	47.43	400m:	6:09.57	45.78
78.	Skrodzki Adam			04	Victoria Józefów				+0,61	6:17.19	178	
	50m:	40.67	40.67	150m:	2:16.51	48.58	250m:	3:54.78	48.51	350m:	5:33.50	49.43
	100m:	1:27.93	47.26	200m:	3:06.27	49.76	300m:	4:44.07	49.29	400m:	6:17.19	43.69
79.	Wróbel Piotr			04	Victoria Józefów				+0,64	6:23.27	169	
	50m:	39.83	39.83	150m:	2:14.00	48.20	250m:	3:52.96	50.73	350m:	5:34.27	51.39
	100m:	1:25.80	45.97	200m:	3:02.23	48.23	300m:	4:42.88	49.92	400m:	6:23.27	49.00
80.	Fijałkowski Wiktor			04	Olimpia Lublin				+0,86	6:36.62	153	
	50m:	36.56	36.56	150m:	2:14.16	50.72	250m:	4:01.12	53.87	350m:	5:46.61	53.44
	100m:	1:23.44	46.88	200m:	3:07.25	53.09	300m:	4:53.17	52.05	400m:	6:36.62	50.01