



Konkurencja 12
09-12-2017 - 11:52

Kobiet, 400m zmienny

Open
Wyniki

Rek Okr gu wi t. Seniorów	4:45.20	Kilija ska Donata	KSOST	Kraków	08-03-2013
Rek Okr gu wi t. Jun.18-lat	4:45.20	Kilija ska Donata	KSOST	Kraków	08-03-2013
Rek Okr gu wi t. Jun.17-lat	4:46.40	Kilija ska Donata	KSOST	Gliwice	18-03-2011
Rek Okr gu wi t. Jun.16-lat	4:46.40	Kilija ska Donata	KSOST	Gliwice	18-03-2011
Rek Okr gu wi t. Jun.15-lat	4:53.17	Kilija ska Donata	KSOST	Katowice	24-01-2010
Rek Okr gu wi t. Jun.14-lat	5:00.78	Wotek Oliwia	KSOST	Ostrowiec w.	27-11-2015
Rek Okr gu wi t. Młodz.13-lat	5:15.23	Latała Weronika	BASTA	Ostrowiec w.	03-12-2017
Rek Okr gu wi t. Młodz.12-lat	5:34.64	Wotek Oliwia	KSOST	Ostrowiec w.	07-12-2013

Punkty: FINA 2017

Pozycja	Rok ur.	Czas	Pkt.
Młodzik			
1. Gromska Kinga SOc	04 KSZO Ostrowiec w	5:36.28	459
50m: 35.42 35.42	150m: 2:01.80 44.66	250m: 3:31.27 47.10	350m: 4:58.63 39.33
100m: 1:17.14 41.72	200m: 2:44.17 42.37	300m: 4:19.30 48.03	400m: 5:36.28 37.65
2. Sierpie Aleksandra	04 Barakuda Starachowice	5:43.82	429
50m: 37.69 37.69	150m: 2:10.26 45.51	250m: 3:38.24 44.55	350m: 5:04.64 41.07
100m: 1:24.75 47.06	200m: 2:53.69 43.43	300m: 4:23.57 45.33	400m: 5:43.82 39.18
3. Dziwosz Julia	04 Barakuda Starachowice	5:56.99	383
50m: 41.13 41.13	150m: 2:14.03 44.82	250m: 3:46.37 48.89	350m: 5:17.45 41.26
100m: 1:29.21 48.08	200m: 2:57.48 43.45	300m: 4:36.19 49.82	400m: 5:56.99 39.54
4. Sidło Natalia	05 Korona-Swim Kielce	6:11.11	341
50m: 40.48 40.48	150m: 2:18.15 48.19	250m: 3:55.19 49.69	350m: 5:29.55 43.37
100m: 1:29.96 49.48	200m: 3:05.50 47.35	300m: 4:46.18 50.99	400m: 6:11.11 41.56

Open

1. Banaczkowska Aleksandra	02 KSZO Ostrowiec w	5:02.52	630
50m: 32.62 32.62	150m: 1:48.90 38.69	250m: 3:08.65 40.73	350m: 4:27.51 37.08
100m: 1:10.21 37.59	200m: 2:27.92 39.02	300m: 3:50.43 41.78	400m: 5:02.52 35.01
2. Kurasi ska Oliwia SOc	02 KSZO Ostrowiec w	5:19.89	533
50m: 35.19 35.19	150m: 1:55.55 40.20	250m: 3:19.79 44.78	350m: 4:42.96 37.82
100m: 1:15.35 40.16	200m: 2:35.01 39.46	300m: 4:05.14 45.35	400m: 5:19.89 36.93
3. Gromska Kinga SOc	04 KSZO Ostrowiec w	5:36.28	459
50m: 35.42 35.42	150m: 2:01.80 44.66	250m: 3:31.27 47.10	350m: 4:58.63 39.33
100m: 1:17.14 41.72	200m: 2:44.17 42.37	300m: 4:19.30 48.03	400m: 5:36.28 37.65
4. Czernik Natalia SOc	03 KSZO Ostrowiec w	5:40.29	443
50m: 35.89 35.89	150m: 2:01.91 44.12	250m: 3:33.20 47.67	350m: 5:01.66 40.11
100m: 1:17.79 41.90	200m: 2:45.53 43.62	300m: 4:21.55 48.35	400m: 5:40.29 38.63
5. Sierpie Aleksandra	04 Barakuda Starachowice	5:43.82	429
50m: 37.69 37.69	150m: 2:10.26 45.51	250m: 3:38.24 44.55	350m: 5:04.64 41.07
100m: 1:24.75 47.06	200m: 2:53.69 43.43	300m: 4:23.57 45.33	400m: 5:43.82 39.18
6. Dziwosz Julia	04 Barakuda Starachowice	5:56.99	383
50m: 41.13 41.13	150m: 2:14.03 44.82	250m: 3:46.37 48.89	350m: 5:17.45 41.26
100m: 1:29.21 48.08	200m: 2:57.48 43.45	300m: 4:36.19 49.82	400m: 5:56.99 39.54
7. Sidło Natalia	05 Korona-Swim Kielce	6:11.11	341
50m: 40.48 40.48	150m: 2:18.15 48.19	250m: 3:55.19 49.69	350m: 5:29.55 43.37
100m: 1:29.96 49.48	200m: 3:05.50 47.35	300m: 4:46.18 50.99	400m: 6:11.11 41.56