



Konkurencja 20  
09-12-2017 - 16:32

Kobiet, 400m dowolny

Open  
Wyniki

|                               |         |                      |       |                    |            |
|-------------------------------|---------|----------------------|-------|--------------------|------------|
| Rek Okr gu wi t. Seniorów     | 4:08.04 | Kilija ska Donata    | KSOST | Pozna              | 17-12-2011 |
| Rek Okr gu wi t. Jun.18-lat   | 4:08.04 | Kilija ska Donata    | KSOST | Pozna              | 17-12-2011 |
| Rek Okr gu wi t. Jun.17-lat   | 4:08.04 | Kilija ska Donata    | KSOST | Pozna              | 17-12-2011 |
| Rek Okr gu wi t. Jun.16-lat   | 4:08.04 | Kilija ska Donata    | KSOST | Pozna              | 17-12-2011 |
| Rek Okr gu wi t. Jun.15-lat   | 4:11.12 | Kilija ska Donata    | KSOST | Łód                | 21-11-2010 |
| Rek Okr gu wi t. Jun.14-lat   | 4:16.92 | Kilija ska Donata    | KSOST | Gorzów Wlkp.       | 28-11-2009 |
| Rek Okr gu wi t. Młodz.13-lat | 4:35.47 | Wołoszyn Sonia       | KSOST | Saint Dizier (FRA) | 15-11-2008 |
| Rek Okr gu wi t. Młodz.12-lat | 4:43.86 | Wołoszyn Sonia       | ARKIE | Ostrowiec w.       | 09-12-2007 |
| Rek Okr gu wi t. Dzieci       | 5:15.57 | Petrykowska Adrianna | KSOST | Ostrowiec w.       | 10-12-2016 |

Punkty: FINA 2017

Pozycja Rok ur. Czas Pkt.

Młodzik

|                      |                     |                       |                     |     |
|----------------------|---------------------|-----------------------|---------------------|-----|
| 1. Latała Weronika   | 04                  | Barakuda Starachowice | <b>4:35.75</b>      | 615 |
| 50m: 30.49 30.49     | 150m: 1:40.23 35.58 | 250m: 2:51.51 35.83   | 350m: 4:02.22 34.96 |     |
| 100m: 1:04.65 34.16  | 200m: 2:15.68 35.45 | 300m: 3:27.26 35.75   | 400m: 4:35.75 33.53 |     |
| 2. Falfus Julia SOc  | 04                  | KSZO Ostrowiec w      | <b>4:55.25</b>      | 501 |
| 50m: 33.31 33.31     | 150m: 1:47.67 37.71 | 250m: 3:02.69 37.78   | 350m: 4:18.26 37.91 |     |
| 100m: 1:09.96 36.65  | 200m: 2:24.91 37.24 | 300m: 3:40.35 37.66   | 400m: 4:55.25 36.99 |     |
| 3. Poche Karolina    | 05                  | Barakuda Starachowice | <b>5:16.90</b>      | 405 |
| 50m: 35.25 35.25     | 150m: 1:55.30 40.27 | 250m: 3:17.20 41.39   | 350m: 4:39.47 40.62 |     |
| 100m: 1:15.03 39.78  | 200m: 2:35.81 40.51 | 300m: 3:58.85 41.65   | 400m: 5:16.90 37.43 |     |
| 4. Młodawska Oliwia  | 05                  | Barakuda Starachowice | <b>5:17.21</b>      | 404 |
| 50m: 34.50 34.50     | 150m: 1:55.31 40.86 | 250m: 3:17.76 41.45   | 350m: 4:39.56 40.93 |     |
| 100m: 1:14.45 39.95  | 200m: 2:36.31 41.00 | 300m: 3:58.63 40.87   | 400m: 5:17.21 37.65 |     |
| 5. Strzelecka Pola   | 05                  | KSZO Ostrowiec w      | <b>5:27.64</b>      | 366 |
| 50m: 37.23 37.23     | 150m: 2:00.03 41.76 | 250m: 3:24.19 42.52   | 350m: 4:47.65 41.39 |     |
| 100m: 1:18.27 41.04  | 200m: 2:41.67 41.64 | 300m: 4:06.26 42.07   | 400m: 5:27.64 39.99 |     |
| 6. Sidło Natalia     | 05                  | Korona-Swim Kielce    | <b>5:34.77</b>      | 343 |
| 50m: 37.89 37.89     | 150m: 2:02.50 42.06 | 250m: 3:28.25 42.71   | 350m: 4:54.22 42.91 |     |
| 100m: 1:20.44 42.55  | 200m: 2:45.54 43.04 | 300m: 4:11.31 43.06   | 400m: 5:34.77 40.55 |     |
| 7. Misiura Magdalena | 05                  | KSZO Ostrowiec w      | <b>5:41.98</b>      | 322 |
| 50m: 38.54 38.54     | 150m: 2:05.73 44.30 | 250m: 3:36.13 45.11   | 350m: 5:03.81 43.66 |     |
| 100m: 1:21.43 42.89  | 200m: 2:51.02 45.29 | 300m: 4:20.15 44.02   | 400m: 5:41.98 38.17 |     |

Open

|                          |                     |                       |                     |     |
|--------------------------|---------------------|-----------------------|---------------------|-----|
| 1. Szafrska Julia SOc    | 00                  | KSZO Ostrowiec w      | <b>4:25.91</b>      | 686 |
| 50m: 30.16 30.16         | 150m: 1:36.64 33.69 | 250m: 2:44.26 33.79   | 350m: 3:52.31 34.23 |     |
| 100m: 1:02.95 32.79      | 200m: 2:10.47 33.83 | 300m: 3:18.08 33.82   | 400m: 4:25.91 33.60 |     |
| 2. Latała Weronika       | 04                  | Barakuda Starachowice | <b>4:35.75</b>      | 615 |
| 50m: 30.49 30.49         | 150m: 1:40.23 35.58 | 250m: 2:51.51 35.83   | 350m: 4:02.22 34.96 |     |
| 100m: 1:04.65 34.16      | 200m: 2:15.68 35.45 | 300m: 3:27.26 35.75   | 400m: 4:35.75 33.53 |     |
| 3. Kurasi ska Oliwia SOc | 02                  | KSZO Ostrowiec w      | <b>4:47.12</b>      | 544 |
| 50m: 33.76 33.76         | 150m: 1:46.32 36.98 | 250m: 2:59.37 36.79   | 350m: 4:12.16 35.93 |     |
| 100m: 1:09.34 35.58      | 200m: 2:22.58 36.26 | 300m: 3:36.23 36.86   | 400m: 4:47.12 34.96 |     |
| 4. Boro Paulina SOc      | 02                  | KSZO Ostrowiec w      | <b>4:48.72</b>      | 535 |
| 50m: 33.55 33.55         | 150m: 1:47.20 37.02 | 250m: 3:01.06 36.72   | 350m: 4:13.60 36.43 |     |
| 100m: 1:10.18 36.63      | 200m: 2:24.34 37.14 | 300m: 3:37.17 36.11   | 400m: 4:48.72 35.12 |     |
| 5. W ska Kinga           | 03                  | Salos Cortile Kielce  | <b>4:51.83</b>      | 518 |
| 50m: 33.27 33.27         | 150m: 1:48.30 37.77 | 250m: 3:02.96 36.59   | 350m: 4:16.62 36.73 |     |
| 100m: 1:10.53 37.26      | 200m: 2:26.37 38.07 | 300m: 3:39.89 36.93   | 400m: 4:51.83 35.21 |     |
| 6. Buk Alicja            | 02                  | Salos Cortile Kielce  | <b>4:55.02</b>      | 502 |
| 50m: 33.08 33.08         | 150m: 1:45.76 36.55 | 250m: 3:01.19 37.97   | 350m: 4:17.89 38.27 |     |
| 100m: 1:09.21 36.13      | 200m: 2:23.22 37.46 | 300m: 3:39.62 38.43   | 400m: 4:55.02 37.13 |     |



Konkurencja 20, Kobiet, 400m dowolny, Open

| Pozycja |                     |         |       | Rok ur. |                       |       |       |         | Czas           | Pkt.  |         |       |
|---------|---------------------|---------|-------|---------|-----------------------|-------|-------|---------|----------------|-------|---------|-------|
| 7.      | Falfus Julia SOc    |         |       | 04      | KSZO Ostrowiec w      |       |       |         | <b>4:55.25</b> | 501   |         |       |
|         | 50m:                | 33.31   | 33.31 | 150m:   | 1:47.67               | 37.71 | 250m: | 3:02.69 | 37.78          | 350m: | 4:18.26 | 37.91 |
|         | 100m:               | 1:09.96 | 36.65 | 200m:   | 2:24.91               | 37.24 | 300m: | 3:40.35 | 37.66          | 400m: | 4:55.25 | 36.99 |
| 8.      | Zarychta Anita      |         |       | 98      | Barakuda Starachowice |       |       |         | <b>4:56.09</b> | 496   |         |       |
|         | 50m:                | 33.52   | 33.52 | 150m:   | 1:48.74               | 38.17 | 250m: | 3:05.39 | 38.23          | 350m: | 4:20.54 | 37.51 |
|         | 100m:               | 1:10.57 | 37.05 | 200m:   | 2:27.16               | 38.42 | 300m: | 3:43.03 | 37.64          | 400m: | 4:56.09 | 35.55 |
| 9.      | Czernik Natalia SOc |         |       | 03      | KSZO Ostrowiec w      |       |       |         | <b>5:03.34</b> | 462   |         |       |
|         | 50m:                | 33.99   | 33.99 | 150m:   | 1:50.12               | 38.34 | 250m: | 3:07.94 | 38.77          | 350m: | 4:25.82 | 38.91 |
|         | 100m:               | 1:11.78 | 37.79 | 200m:   | 2:29.17               | 39.05 | 300m: | 3:46.91 | 38.97          | 400m: | 5:03.34 | 37.52 |
| 10.     | Poche Karolina      |         |       | 05      | Barakuda Starachowice |       |       |         | <b>5:16.90</b> | 405   |         |       |
|         | 50m:                | 35.25   | 35.25 | 150m:   | 1:55.30               | 40.27 | 250m: | 3:17.20 | 41.39          | 350m: | 4:39.47 | 40.62 |
|         | 100m:               | 1:15.03 | 39.78 | 200m:   | 2:35.81               | 40.51 | 300m: | 3:58.85 | 41.65          | 400m: | 5:16.90 | 37.43 |
| 11.     | Młodawska Oliwia    |         |       | 05      | Barakuda Starachowice |       |       |         | <b>5:17.21</b> | 404   |         |       |
|         | 50m:                | 34.50   | 34.50 | 150m:   | 1:55.31               | 40.86 | 250m: | 3:17.76 | 41.45          | 350m: | 4:39.56 | 40.93 |
|         | 100m:               | 1:14.45 | 39.95 | 200m:   | 2:36.31               | 41.00 | 300m: | 3:58.63 | 40.87          | 400m: | 5:17.21 | 37.65 |
| 12.     | Strzelecka Pola     |         |       | 05      | KSZO Ostrowiec w      |       |       |         | <b>5:27.64</b> | 366   |         |       |
|         | 50m:                | 37.23   | 37.23 | 150m:   | 2:00.03               | 41.76 | 250m: | 3:24.19 | 42.52          | 350m: | 4:47.65 | 41.39 |
|         | 100m:               | 1:18.27 | 41.04 | 200m:   | 2:41.67               | 41.64 | 300m: | 4:06.26 | 42.07          | 400m: | 5:27.64 | 39.99 |
| 13.     | Adamczyk Aleksandra |         |       | 03      | UNIA Busko Zdrój      |       |       |         | <b>5:31.85</b> | 352   |         |       |
|         | 50m:                | 35.82   | 35.82 | 150m:   | 1:59.94               | 42.61 | 250m: | 3:25.58 | 43.18          | 350m: | 4:51.87 | 43.30 |
|         | 100m:               | 1:17.33 | 41.51 | 200m:   | 2:42.40               | 42.46 | 300m: | 4:08.57 | 42.99          | 400m: | 5:31.85 | 39.98 |
| 14.     | Kami ska Zuzanna    |         |       | 06      | KSZO Ostrowiec w      |       |       |         | <b>5:32.33</b> | 351   |         |       |
|         | 50m:                | 37.94   | 37.94 | 150m:   | 2:03.07               | 42.97 | 250m: | 3:27.43 | 42.44          | 350m: | 4:53.11 | 42.91 |
|         | 100m:               | 1:20.10 | 42.16 | 200m:   | 2:44.99               | 41.92 | 300m: | 4:10.20 | 42.77          | 400m: | 5:32.33 | 39.22 |
| 15.     | Sidło Natalia       |         |       | 05      | Korona-Swim Kielce    |       |       |         | <b>5:34.77</b> | 343   |         |       |
|         | 50m:                | 37.89   | 37.89 | 150m:   | 2:02.50               | 42.06 | 250m: | 3:28.25 | 42.71          | 350m: | 4:54.22 | 42.91 |
|         | 100m:               | 1:20.44 | 42.55 | 200m:   | 2:45.54               | 43.04 | 300m: | 4:11.31 | 43.06          | 400m: | 5:34.77 | 40.55 |
| 16.     | Misiura Magdalena   |         |       | 05      | KSZO Ostrowiec w      |       |       |         | <b>5:41.98</b> | 322   |         |       |
|         | 50m:                | 38.54   | 38.54 | 150m:   | 2:05.73               | 44.30 | 250m: | 3:36.13 | 45.11          | 350m: | 5:03.81 | 43.66 |
|         | 100m:               | 1:21.43 | 42.89 | 200m:   | 2:51.02               | 45.29 | 300m: | 4:20.15 | 44.02          | 400m: | 5:41.98 | 38.17 |
| 17.     | Rusak Maria         |         |       | 03      | UNIA Busko Zdrój      |       |       |         | <b>5:42.01</b> | 322   |         |       |
|         | 50m:                | 37.02   | 37.02 | 150m:   | 2:04.23               | 44.22 | 250m: | 3:32.87 | 44.51          | 350m: | 5:00.82 | 43.82 |
|         | 100m:               | 1:20.01 | 42.99 | 200m:   | 2:48.36               | 44.13 | 300m: | 4:17.00 | 44.13          | 400m: | 5:42.01 | 41.19 |