Event 11 | Girls, 400m Medley | 14 years
06-12-2019 - 12:10 | Results Prelim

Rek Polski Seniorów	4:31.89	Baranowska Katarzyna	MKSZC	Debrecen (HUN)	16-12-2007
Rek Polski Juniorów 14-lat	4:43.77	Knop Aleksandra	190LOD	Łódź	22-12-2017

Points: FINA 2018

Rank										RT	Time	Pts	
1.	Lubinska Alicja				Unia Oswiecim					+0,51	**5:05.13**	611	A
	50m:	31.29	31.29	150m:	1:47.93	40.04	250m:	3:08.96	42.89	350m:	4:30.22	37.38	
	100m:	1:07.89	36.60	200m:	2:26.07	38.14	300m:	3:52.84	43.88	400m:	5:05.13	34.91	
2.	Szalast Karolina				Tri-Team Rumia						**5:06.17**	604	A
	50m:	32.61	32.61	150m:	1:49.14	38.68	250m:	3:11.42	45.09	350m:	4:32.29	35.68	
	100m:	1:10.46	37.85	200m:	2:26.33	37.19	300m:	3:56.61	45.19	400m:	5:06.17	33.88	
3.	Sedlak Alicja				Pietnastka Bydgoszcz					+0,79	**5:09.51**	585	A
	50m:	32.53	32.53	150m:	1:51.14	40.37	250m:	3:14.51	43.53	350m:	4:35.65	36.67	
	100m:	1:10.77	38.24	200m:	2:30.98	39.84	300m:	3:58.98	44.47	400m:	5:09.51	33.86	
4.	Slabosz Emilia				Wodnik 29 Tychy					+0,60	**5:09.75**	584	A
	50m:	32.03	32.03	150m:	1:48.24	38.50	250m:	3:12.02	45.92	350m:	4:35.15	36.12	
	100m:	1:09.74	37.71	200m:	2:26.10	37.86	300m:	3:59.03	47.01	400m:	5:09.75	34.60	
5.	Burdyn Dominika				AZS UMCS Lublin					+0,68	**5:12.51**	568	A
	50m:	31.68	31.68	150m:	1:48.83	39.22	250m:	3:14.26	46.82	350m:	4:37.55	36.88	
	100m:	1:09.61	37.93	200m:	2:27.44	38.61	300m:	4:00.67	46.41	400m:	5:12.51	34.96	
6.	Urbanska Patrycja				Jedynka Lodz					+0,67	**5:12.80**	567	A
	50m:	33.87	33.87	150m:	1:53.28	39.07	250m:	3:15.54	43.61	350m:	4:36.74	36.45	
	100m:	1:14.21	40.34	200m:	2:31.93	38.65	300m:	4:00.29	44.75	400m:	5:12.80	36.06	
7.	Jakubik Julia				Unia Oswiecim					+0,61	**5:15.61**	552	A
	50m:	34.00	34.00	150m:	1:55.14	40.78	250m:	3:18.77	44.76	350m:	4:40.86	36.46	
	100m:	1:14.36	40.36	200m:	2:34.01	38.87	300m:	4:04.40	45.63	400m:	5:15.61	34.75	
8.	Koral Milena				KS Gornik Radlin					+0,72	**5:17.98**	540	A
	50m:	32.79	32.79	150m:	1:51.52	40.27	250m:	3:17.79	46.39	350m:	4:41.96	38.26	
	100m:	1:11.25	38.46	200m:	2:31.40	39.88	300m:	4:03.70	45.91	400m:	5:17.98	36.02	
9.	Cicha Aleksandra				SMS Galicja Krakow					+0,78	**5:20.03**	529	A
	50m:	32.87	32.87	150m:	1:50.37	39.91	250m:	3:17.32	47.58	350m:	4:42.83	37.84	
	100m:	1:10.46	37.59	200m:	2:29.74	39.37	300m:	4:04.99	47.67	400m:	5:20.03	37.20	
10.	Michalska Julia				Korona-Swim Kielce					+0,53	**5:23.21**	514	A
	50m:	32.75	32.75	150m:	1:53.16	40.63	250m:	3:20.83	47.92	350m:	4:46.61	37.93	
	100m:	1:12.53	39.78	200m:	2:32.91	39.75	300m:	4:08.68	47.85	400m:	5:23.21	36.60	
11.	Samoraj Oliwia				MKS Piaseczno					+0,73	**5:24.19**	509	B
	50m:	33.64	33.64	150m:	1:55.67	41.89	250m:	3:23.19	47.10	350m:	4:48.57	37.56	
	100m:	1:13.78	40.14	200m:	2:36.09	40.42	300m:	4:11.01	47.82	400m:	5:24.19	35.62	
12.	Koprowska Kinga				SP 63 Bydgoszcz					+0,67	**5:28.06**	491	B
	50m:	35.53	35.53	150m:	1:58.07	42.05	250m:	3:25.50	45.81	350m:	4:50.43	40.13	
	100m:	1:16.02	40.49	200m:	2:39.69	41.62	300m:	4:10.30	44.80	400m:	5:28.06	37.63	
13.	Rapkiewicz Natalia				SMS Galicja Krakow					+0,62	**5:29.54**	485	B
	50m:	33.92	33.92	150m:	1:57.80	44.24	250m:	3:27.03	46.81	350m:	4:51.96	38.86	
	100m:	1:13.56	39.64	200m:	2:40.22	42.42	300m:	4:13.10	46.07	400m:	5:29.54	37.58	
14.	Kowalczyk Katarzyna				SP-149 Lodz					+0,56	**5:29.62**	484	B Skr.
	50m:	36.21	36.21	150m:	2:01.56	44.56	250m:	3:29.02	44.94	350m:	4:53.11	39.36	
	100m:	1:17.00	40.79	200m:	2:44.08	42.52	300m:	4:13.75	44.73	400m:	5:29.62	36.51	
15.	Zieba Anastazja				Delfin Torun					+0,67	**5:29.87**	483	B
	50m:	32.94	32.94	150m:	1:56.95	44.88	250m:	3:26.70	46.95	350m:	4:52.84	39.86	
	100m:	1:12.07	39.13	200m:	2:39.75	42.80	300m:	4:12.98	46.28	400m:	5:29.87	37.03	
16.	Motor Magdalena				Sokol Rzeszow					+0,68	**5:30.03**	482	B
	50m:	36.38	36.38	150m:	2:01.12	43.35	250m:	3:31.15	47.13	350m:	4:54.77	36.09	
	100m:	1:17.77	41.39	200m:	2:44.02	42.90	300m:	4:18.68	47.53	400m:	5:30.03	35.26	

Event 11, Girls, 400m Medley, Prelim, 14 years

Rank			RT	Time	Pts	
17.	Luszczewska Emilia	Juvenia Bialystok	+0,72	**5:30.16**	482	B
	50m: 33.39 33.39	150m: 1:55.45 41.17	250m: 3:24.43 48.17	350m: 4:52.82 39.43		
	100m: 1:14.28 40.89	200m: 2:36.26 40.81	300m: 4:13.39 48.96	400m: 5:30.16 37.34		
18.	Bukowska Olga	Palac Mlodziezy Katowice	+0,59	**5:31.36**	477	B
	50m: 33.93 33.93	150m: 2:00.16 43.35	250m: 3:28.64 46.10	350m: 4:55.24 38.20		
	100m: 1:16.81 42.88	200m: 2:42.54 42.38	300m: 4:17.04 48.40	400m: 5:31.36 36.12		
19.	Zarzeczna Olga	Posnania Poznan		**5:32.19**	473	B
	50m: 35.15 35.15	150m: 2:01.33 43.33	250m: 3:28.05 44.94	350m: 4:53.87 39.62		
	100m: 1:18.00 42.85	200m: 2:43.11 41.78	300m: 4:14.25 46.20	400m: 5:32.19 38.32		
20.	Sosnowka Oliwia	Fala Krasnik	+0,70	**5:32.47**	472	B
	50m: 34.92 34.92	150m: 1:58.70 44.86	250m: 3:27.76 45.81	350m: 4:54.54 39.23		
	100m: 1:13.84 38.92	200m: 2:41.95 43.25	300m: 4:15.31 47.55	400m: 5:32.47 37.93		
21.	Kryza Maja	Unia Oswiecim		**5:38.89**	446	R
	50m: 36.44 36.44	150m: 2:03.57 42.21	250m: 3:34.95 47.81	350m: 5:01.21 38.26		
	100m: 1:21.36 44.92	200m: 2:47.14 43.57	300m: 4:22.95 48.00	400m: 5:38.89 37.68		
22.	Matwin Julia	Unia Oswiecim		**5:40.61**	439	R
	50m: 35.78 35.78	150m: 2:02.48 44.41	250m: 3:36.93 50.74	350m: 5:03.99 38.76		
	100m: 1:18.07 42.29	200m: 2:46.19 43.71	300m: 4:25.23 48.30	400m: 5:40.61 36.62		
23.	Tadko Wiktoria	Atut Czestochowa	+0,69	**5:50.33**	403	
	50m: 37.72 37.72	150m: 2:06.19 42.98	250m: 3:37.83 48.62	350m: 5:09.28 42.17		
	100m: 1:23.21 45.49	200m: 2:49.21 43.02	300m: 4:27.11 49.28	400m: 5:50.33 41.05		
24.	Socha Emilia	Park Wodny Tarnowskie G.	+0,81	**6:03.62**	361	
	50m: 38.70 38.70	150m: 2:13.53 44.38	250m: 3:48.28 51.11	350m: 5:23.31 41.97		
	100m: 1:29.15 50.45	200m: 2:57.17 43.64	300m: 4:41.34 53.06	400m: 6:03.62 40.31		