Event 19 | Girls, 400m Freestyle | 14 years
07-12-2019 - 17:26 | Results Finals

Rek Polski Seniorów	4:05.77	Barzycka Paulina	AZWAR	Gorzów Wlkp.	26-11-2005
Rek Polski Juniorów 14-lat	4:09.54	Guść Wiktoria	DEPIO	Olsztyn	15-12-2018

Points: FINA 2018

Rank				RT	Time	Pts

Final A

1. Kulik Julia — GOS Raszyn — +0,52 — **4:22.17** — 715

50m:	30.08	30.08	150m:	1:36.84	33.20	250m:	2:42.26	32.74	350m:	3:49.52	33.58
100m:	1:03.64	33.56	200m:	2:09.52	32.68	300m:	3:15.94	33.68	400m:	4:22.17	32.65

2. Kowalska Klara — Olimpijczyk 23 Lublin — +0,69 — **4:23.02** — 708

50m:	30.00	30.00	150m:	1:37.41	33.58	250m:	2:43.95	33.17	350m:	3:50.57	33.16
100m:	1:03.83	33.83	200m:	2:10.78	33.37	300m:	3:17.41	33.46	400m:	4:23.02	32.45

3. Kossowska Julita — UKS 190 Lodz — +0,73 — **4:26.23** — 683

50m:	30.41	30.41	150m:	1:37.67	34.24	250m:	2:45.60	33.59	350m:	3:53.75	34.21
100m:	1:03.43	33.02	200m:	2:12.01	34.34	300m:	3:19.54	33.94	400m:	4:26.23	32.48

4. Klusek Aleksandra — UKP Polonia Warszawa — +0,69 — **4:26.41** — 682

50m:	29.89	29.89	150m:	1:37.67	34.08	250m:	2:45.10	33.75	350m:	3:54.00	34.47
100m:	1:03.59	33.70	200m:	2:11.35	33.68	300m:	3:19.53	34.43	400m:	4:26.41	32.41

5. Slabosz Emilia — Wodnik 29 Tychy — +0,63 — **4:28.47** — 666

50m:	30.32	30.32	150m:	1:38.85	34.53	250m:	2:47.56	34.35	350m:	3:56.04	34.29
100m:	1:04.32	34.00	200m:	2:13.21	34.36	300m:	3:21.75	34.19	400m:	4:28.47	32.43

6. Kraszewska Martyna — Kormoran Olsztyn — +0,70 — **4:29.14** — 661

50m:	30.20	30.20	150m:	1:37.46	34.17	250m:	2:46.20	34.42	350m:	3:56.06	34.78
100m:	1:03.29	33.09	200m:	2:11.78	34.32	300m:	3:21.28	35.08	400m:	4:29.14	33.08

7. Marcinkowska Maja — Jedynka Lodz — +0,73 — **4:29.62** — 658

50m:	31.21	31.21	150m:	1:39.21	34.44	250m:	2:48.39	34.49	350m:	3:56.93	34.14
100m:	1:04.77	33.56	200m:	2:13.90	34.69	300m:	3:22.79	34.40	400m:	4:29.62	32.69

8. Sujkowska Roksana — Kormoran Olsztyn — +0,84 — **4:30.78** — 649

50m:	31.00	31.00	150m:	1:39.49	34.57	250m:	2:48.65	34.54	350m:	3:57.85	34.50
100m:	1:04.92	33.92	200m:	2:14.11	34.62	300m:	3:23.35	34.70	400m:	4:30.78	32.93

9. Gorska Zofia — UKP Polonia Warszawa — +0,59 — **4:35.43** — 617

50m:	30.84	30.84	150m:	1:39.82	34.63	250m:	2:50.32	35.39	350m:	4:00.98	35.25
100m:	1:05.19	34.35	200m:	2:14.93	35.11	300m:	3:25.73	35.41	400m:	4:35.43	34.45

10. Gawedzka Natalia — UKS MOS Elk — **4:35.88** — 614

50m:	31.43	31.43	150m:	1:40.37	34.79	250m:	2:51.15	35.59	350m:	4:02.20	35.55
100m:	1:05.58	34.15	200m:	2:15.56	35.19	300m:	3:26.65	35.50	400m:	4:35.88	33.68

Final B

11. Maksymowicz Nina — G-8 Bielany Warszawa — +0,51 — **4:31.24** — 646

50m:	31.60	31.60	150m:	1:39.78	34.39	250m:	2:48.32	34.41	350m:	3:57.83	34.67
100m:	1:05.39	33.79	200m:	2:13.91	34.13	300m:	3:23.16	34.84	400m:	4:31.24	33.41

12. Dadej Julia — BOSiR Brzesko — +0,61 — **4:37.46** — 603

50m:	31.46	31.46	150m:	1:41.19	35.00	250m:	2:52.00	35.65	350m:	4:03.77	35.89
100m:	1:06.19	34.73	200m:	2:16.35	35.16	300m:	3:27.88	35.88	400m:	4:37.46	33.69

13. Cyganek Nina — Salwator Krakow — +0,84 — **4:38.94** — 594

50m:	32.35	32.35	150m:	1:41.65	34.56	250m:	2:52.64	35.75	350m:	4:04.07	35.02
100m:	1:07.09	34.74	200m:	2:16.89	35.24	300m:	3:29.05	36.41	400m:	4:38.94	34.87

14. Volkert Julia — MOSM Tychy — **4:40.13** — 586

50m:	31.59	31.59	150m:	1:41.01	35.05	250m:	2:52.77	35.93	350m:	4:05.66	36.33
100m:	1:05.96	34.37	200m:	2:16.84	35.83	300m:	3:29.33	36.56	400m:	4:40.13	34.47

15. Tofil Emilia — KS Delfin Gdynia — +0,61 — **4:40.31** — 585

50m:	32.46	32.46	150m:	1:42.75	35.08	250m:	2:54.10	35.79	350m:	4:05.57	35.62
100m:	1:07.67	35.21	200m:	2:18.31	35.56	300m:	3:29.95	35.85	400m:	4:40.31	34.74

Event 19, Girls, 400m Freestyle, Final, 14 years

Rank										RT	Time	Pts
16.	Kieruzel Martyna				Jedynka Lodz					+0,68	**4:41.51**	578
	50m:	32.64	32.64	150m:	1:43.80	35.73	250m:	2:55.25	35.58	350m:	4:07.59	36.23
	100m:	1:08.07	35.43	200m:	2:19.67	35.87	300m:	3:31.36	36.11	400m:	4:41.51	33.92
17.	Olkowska Laura				GOS Raszyn					+0,74	**4:41.62**	577
	50m:	32.97	32.97	150m:	1:45.16	36.10	250m:	2:55.46	34.66	350m:	4:07.06	36.01
	100m:	1:09.06	36.09	200m:	2:20.80	35.64	300m:	3:31.05	35.59	400m:	4:41.62	34.56
18.	Siejak Patrycja				Kormoran Olsztyn					+0,75	**4:41.65**	577
	50m:	32.36	32.36	150m:	1:43.54	35.77	250m:	2:55.34	35.90	350m:	4:06.97	35.68
	100m:	1:07.77	35.41	200m:	2:19.44	35.90	300m:	3:31.29	35.95	400m:	4:41.65	34.68
19.	Gajcy Natalia				UKP Polonia Warszawa					+0,75	**4:43.64**	565
	50m:	31.61	31.61	150m:	1:42.30	35.78	250m:	2:54.78	36.61	350m:	4:07.70	36.42
	100m:	1:06.52	34.91	200m:	2:18.17	35.87	300m:	3:31.28	36.50	400m:	4:43.64	35.94
20.	Jakubik Julia				Unia Oswiecim					+0,58	**4:44.61**	559
	50m:	32.23	32.23	150m:	1:44.00	36.28	250m:	2:56.81	36.59	350m:	4:09.78	36.46
	100m:	1:07.72	35.49	200m:	2:20.22	36.22	300m:	3:33.32	36.51	400m:	4:44.61	34.83