

Konkurencja 9
05-12-2015 - 15:05

Kobiet, 400m zmienny

12 - 17 lat
Wyniki

Rek Polski Jun. 17-lat	4:38.72	Szczepaniak Karolina	AZWAR	Gorzów Wlkp.	29-11-2009
Rek Polski Jun. 16-lat	4:42.49	Jędrzejczak Otylia	PAKAT	Spała	01-12-1999
Rek Polski Jun. 15-lat	4:45.72	Szpucha Katarzyna	OLALE	Ciechanów	11-03-2011
Rek Polski Jun.14-lat	4:53.86	Sieńczyk Jowita	ZABIA	Poznań	18-12-2011
Rek Polski Młodz.13-lat	4:57.31	Szczepaniak Karolina	POWAR	Gorzów Wlkp.	25-11-2005
Rek Polski Młodz.12-lat	5:08.76	Budzis Joanna	BUWAR	Warszawa	10-10-2002

Punkty: FINA 2014

Pozycja Rok ur. Czas Pkt.

Junior 16,17-lat

1. Tomaszewska Aleksandra	99	Salos Cortile Kielce	5:18.23	550
50m: 32.82 32.82	150m: 1:51.92 41.54	250m: 3:19.96 47.56	350m: 4:42.78 35.62	
100m: 1:10.38 37.56	200m: 2:32.40 40.48	300m: 4:07.16 47.20	400m: 5:18.23 35.45	
2. Rączka Marika	99	Pirania Targówek	5:33.93	476
50m: 35.64 35.64	150m: 2:01.40 45.00	250m: 3:32.62 47.34	350m: 4:58.42 37.79	
100m: 1:16.40 40.76	200m: 2:45.28 43.88	300m: 4:20.63 48.01	400m: 5:33.93 35.51	

Junior 14-lat

1. Litwin Andrea	01	MKS Ikar Mielec	5:14.84	568
50m: 32.88 32.88	150m: 1:52.06 41.13	250m: 3:17.01 44.31	350m: 4:39.96 36.17	
100m: 1:10.93 38.05	200m: 2:32.70 40.64	300m: 4:03.79 46.78	400m: 5:14.84 34.88	
2. Osińska Wiktoria	01	SP 149 Łódź	5:29.81	494
50m: 33.99 33.99	150m: 1:55.33 42.10	250m: 3:26.71 49.45	350m: 4:54.50 37.72	
100m: 1:13.23 39.24	200m: 2:37.26 41.93	300m: 4:16.78 50.07	400m: 5:29.81 35.31	

Młodzik

1. Piotrowicz Maja	02	Barakuda Starachowice	5:33.64	477
50m: 34.05 34.05	150m: 2:00.78 44.28	250m: 3:28.08 44.86	350m: 4:55.58 40.87	
100m: 1:16.50 42.45	200m: 2:43.22 42.44	300m: 4:14.71 46.63	400m: 5:33.64 38.06	
2. Madyska Marcelina	02	MKS Ikar Mielec	5:53.03	403
50m: 37.84 37.84	150m: 2:10.16 46.70	250m: 3:42.80 48.32	350m: 5:14.11 42.38	
100m: 1:23.46 45.62	200m: 2:54.48 44.32	300m: 4:31.73 48.93	400m: 5:53.03 38.92	
3. Sobieraj Julia	02	Barakuda Starachowice	6:00.92	377
50m: 38.78 38.78	150m: 2:13.78 47.31	250m: 3:47.11 49.16	350m: 5:20.18 43.77	
100m: 1:26.47 47.69	200m: 2:57.95 44.17	300m: 4:36.41 49.30	400m: 6:00.92 40.74	
4. Chomiczka Zofia	02	Pirania Targówek	6:06.37	360
50m: 39.54 39.54	150m: 2:14.22 49.18	250m: 3:53.83 52.56	350m: 5:27.60 40.67	
100m: 1:25.04 45.50	200m: 3:01.27 47.05	300m: 4:46.93 53.10	400m: 6:06.37 38.77	
5. Czernikiewicz Iga	03	Barakuda Starachowice	6:08.78	353
50m: 41.01 41.01	150m: 2:17.73 46.26	250m: 3:53.47 51.33	350m: 5:28.76 43.83	
100m: 1:31.47 50.46	200m: 3:02.14 44.41	300m: 4:44.93 51.46	400m: 6:08.78 40.02	
6. Borkowska Anna	02	Salos Cortile Kielce	6:13.27	341
50m: 42.12 42.12	150m: 2:21.23 50.17	250m: 3:58.96 49.51	350m: 5:32.75 43.18	
100m: 1:31.06 48.94	200m: 3:09.45 48.22	300m: 4:49.57 50.61	400m: 6:13.27 40.52	
7. Buk Alicja	02	Korona-Swim Kielce	6:21.55	319
50m: 39.98 39.98	150m: 2:17.20 48.27	250m: 3:58.59 53.93	350m: 5:38.57 44.85	
100m: 1:28.93 48.95	200m: 3:04.66 47.46	300m: 4:53.72 55.13	400m: 6:21.55 42.98	
PK Rogowska Paulina	98	Salos Cortile Kielce	5:16.05	562
50m: 34.17 34.17	150m: 1:53.99 41.39	250m: 3:20.12 46.74	350m: 4:42.20 36.17	
100m: 1:12.60 38.43	200m: 2:33.38 39.39	300m: 4:06.03 45.91	400m: 5:16.05 33.85	